

PARANORMAL UNDERGROUND®

Volume 11 , Issue 3

March 2018

**WAS THERE MORE BEFORE
*THE BIG BANG?***

**Corpse Candles &
Phantom Funerals**

**HOW TAROT
CAN BOOST YOUR
MENTAL HEALTH**

**WHAT IS
EXORCISM?**

***5 Horrific True*
URBAN LEGENDS**

**Stay The Night
In These
7 HAUNTED HOMES**

ALSO INSIDE:

DEAN McMURRAY: THE MILITARY MEDIUM

ARE PSYCHIC READINGS WORTH IT?

HOW ONE SHAMAN DEALS WITH SPIRIT ATTACHMENTS

THE IMPORTANCE OF CRYSTAL SAFETY

A FIRST ENCOUNTER WITH THE PARANORMAL



THE HUNTRESS, THE MEDIUM, THE SHARP SHOOTER, THE TRAITOR, AND
THE FALLEN . . .



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Death Omens of the
United Kingdom



E. Jones

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Jock has many years of experience in dealing with cases of a nefarious nature and is dedicated to the education of those in need and service to individuals needing spiritual intervention. He has a passion for service and a desire to bridge the gap between science and the paranormal from a balanced perspective.

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He belongs to the Paranormal Clergy and Dominion Ministries. Willie is the author of two books detailing his 50-year journey in the paranormal, *The Shaman Windwalker* and *Soul Warriors*.



Willie has appeared on A&E's *Cursed: The Bell Witch* and CMT's *Most Shocking Ghosts*. He also hosted his own public access show in Louisville, Kentucky, for 12 years, called *Spiritual Gifts and Wonders*. In addition, he has his own group of sensitives, called Soul Warriors, who are based all over the US.

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A Chicago native, Rick is the founder of The Committee for Psychical Inquiry and the author of the *Geek's Guide to the Strange & Unusual*. He was the host of *Common Sense Paranormal Radio* and *Paranormal Underground Radio*.



As an investigator, Rick considers himself to be a Modern Traditionalist, meaning he believes in melding the new and old schools of psychical research.

<http://thegeeksguide.weebly.com/>

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DeAnna Janes is an entertainment writer and editor who lives in New York City and has covered film, pop culture, and the like for print and digital publications that include *DailyCandy*, *Fandango*, *Time Out*, and *Open Road Integrated Media*.



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Cheryl is editor-in-chief of *Paranormal Underground* magazine and producer of *Paranormal Underground Radio*. She has more than 25 years of experience as a professional writer and editor and has published hundreds of articles on topics ranging from advanced technology to paranormal investigation.



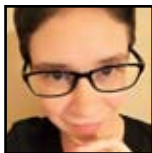
Cheryl's previous magazine experience includes

roles as senior and managing editor for several niche publications.

<https://paranormalunderground.net/>

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Morgan is a graduate from the University of North Carolina in Greensboro where she obtained a bachelor's degree in English. She has a normal day job and is not affiliated with any paranormal groups, Websites, or businesses.



She loves to write and maintains a healthy fascination with all things paranormal thanks to experiences with the unexplained that she has experienced throughout her life. Morgan knows a little bit about a lot of paranormal topics from research she has conducted. She pledges to keep you up to date about what is going bump in the night via *Paranormal Underground's* monthly news column.

MICHELLE M. PILLOW

Michelle is a *New York Times* and *USA Today* bestselling author writing in many fiction genres, including the Dragon-Shifter series *Dragon Lords* and *Captured by a Dragon-Shifter* and the mischievously magical *Warlocks MacGregor*. A skeptical believer, she has a fascination with anything paranormal.



Michelle loves to travel and try new things, whether it's a paranormal investigation of an old Vaudeville theater or climbing Mayan temples in Belize. She has a BGS in history/business with an English minor and a photography degree. She is the co-owner of www.TheRavenBooks.com.

<http://michellepillow.com/>

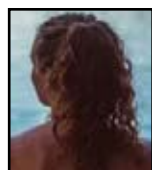
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Richard recently retired from a 30-year gig teaching English and creative writing at Lethbridge College in Southern Alberta. He is the author of 31 books to date, including, most recently, *Rock, Scissors, Paper*, a long poem sequence on the Clifford Olson serial murder case, and *A Gaggle of Geese* (haikai poetry from Alba Publishing in the U.K.).



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MARIA ANNA VAN DRIEL

Besides being a published author and a philosopher in physics/science with a master's in ancient alchemy, Maria Anna is also a medium with psychometric and remote viewing capabilities. She wrote *The NWO, Their Thoughts ... Your Life: It's Time to Wake Up, We Are the Illusion!; Our Mind in a Controlled Quantum Euclidean Space?: Natural and Unnatural Energies as a Global Weapon for Mind and Behavior Control; and The Source of Immortality: The Global Elite and Their Fountain of Youth*.

Over the past 20 years, Maria Anna has spoken to people with stories to tell in order to get to the details of strange and remarkable secrets and phenomena.

<http://www.amazon.com/Maria-Anna-Van-Driel/e/B00HUMLEA>



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A freelance writer, Chad is the publisher of *Paranormal Underground* magazine and co-producer of *Paranormal Underground Radio*. His interest in the paranormal led to the creation of www.ParanormalUnderground.net.

Chad has investigated with East Tennessee Paranormal Research Society and counts Waverly Hills Sanatorium, the Villisca Axe Murder House, Bobby Mackey's Music World, the Queen Mary, Queen Anne Hotel, Hotel Alex Johnson, and private residences among his investigations.

<https://paranormalunderground.net/> ♦



Do you have a dream you would like to have interpreted in Paranormal Underground magazine?

Email editor@paranormalunderground.net with a detailed description of your dream, and we will interpret it for you and possibly publish it in an upcoming magazine. Submissions can be anonymous.

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Aliens, Night Hags, and Sleep Paralysis

I have been diagnosed with a few sleep disorders during my life. The first, sleep apnea, means that I can stop breathing while sleeping as my airways become obstructed. This, in and of itself, is not an issue other than the obvious adverse health effects, the most serious of which is potentially dying while I sleep.

My body also has the inability to produce the proper amount of the chemical needed to paralyze my body while it is in deep sleep to keep me from moving around and hurting myself; though, I have still suffered from sleep paralysis at various times while sleeping.

I also suffer from night terrors, probably brought on by my sleep apnea, as I find myself awakening in the middle of a dream. Upon opening my eyes, I sometimes still see what I was dreaming about right in front of me, or at least a shadowy version of it. It can be scary to say the least.

Couple all of these factors together and you have the makings of nightmare-induced freak outs, which happen on almost a weekly basis ... unfortunately, to the detriment of my wife's health, as I startle her out of a deep sleep and proceed to terrify the hell out of her while I scream about some unseen terror.

I've run down halls in my sleep, kicked my ex-wife out of bed because I thought she had a bomb, and even driven a car in my sleep. Luckily, I now use a CPAP machine while I slumber, which keeps me breathing and stops me from waking up most nights with night terrors. I also take

precautions to make sure that I don't have access to my car keys upon going to bed.

On the other side of the coin are the people whose body still produces the chemicals necessary to keep their body immobile until they wake up

properly. Maybe they also suffer from sleep apnea, which causes them to wake up from a deep sleep, which is when the body is most likely to produce these chemicals. Called sleep paralysis, many times the victim lies there, unable to move or even cry out, as most of their muscles are paralyzed.

Sometimes this paralysis is accompanied by the feeling that a presence, some say evil, is in the same room along with the sufferer. This has led many to give substance to their fears in the form of demons, aliens, or other beings as the cause for the paralysis and the feeling of being watched. On top of that, if like me, they also see objects from their dreams upon awakening, it can be a terrifying experience.

I'm not saying that people do not encounter supernatural beings while sleeping at night or upon awakening from sleep. In fact, I could be suffering from some sort of visitation and be erroneously attributing it to the more natural causes associated with my sleep issues. What I am saying is that what we may view as paranormal may have a normal explanation.

If you have any type of sleep issues you're dealing with, I recommend that you see a health professional for assessment. ♦



Chad Wilson,
Publisher

April 7

Midwest Parafest
Toledo Yacht Club
Toledo, Ohio
http://www.erieshoresparanormal.com/?page_id=597

April 13-14

Salem Con 4
Salem, Massachusetts
<http://www.mghparanormal.com/>

April 13-15

Ozark Mountain UFO Conference
Best Western Inn of the Ozarks
Convention Center
Eureka Springs, Arkansas
<https://ozarkufoconference.com/>

April 14-15

Gift of Light Cleveland Spring Expo
Cuyahoga County Fairgrounds
Berea, Ohio
<http://www.giftoflightexpo.com/>

April 21

Southeast Texas Bigfoot Conference
Walker County Fair Association
Huntsville, Texas
<https://www.eventbrite.com/e/south-east-texas-bigfoot-conference-tickets-34678055999>

April 21-22

Old St. Joseph Hospital Psychic & Paranormal Fair
Lorain, Ohio
<http://www.tcghohio.org/fair-show-information.html>

April 28

Butler Paranormal Conference
Lyndora, Pennsylvania
https://www.facebook.com/events/348127268959715/?active_tab=about

April 29

New England Para-Fest 2018
Kittery Community Center
Kittery, Maine
<http://www.essexcountyghostproject.org/>



May 4-6

Supercon 2018
Edinburgh Manor
Scotch Grove, Iowa
<https://serenitymoore11.wixsite.com/supercon2018>

May 5

Ohio Bigfoot Conference
Salt Fork State Park Lodge and Conference Center
Lore City, Ohio
<http://ohiobigfootconference.org/>

May 5-6

Paranormal Supernatural Conference
PPA Event Center
Denver, Colorado
<https://constancecoo.wixsite.com/psc2018>

May 17-19

McMenamins UFO Festival
Hotel Oregon
McMinnville, Oregon
<http://tufest.com/>

May 19

New Jersey Paraunity Expo
Woodbridge High School
Woodbridge, New Jersey
<https://www.newjerseyparaunityexpo.com/>

May 19-20

Enigmacons
St. Albans Sanatorium
Radford, Virginia
<http://www.enigmacons.com/home.html>

E-mail your paranormal event to
editor@paranormalunderground.net. ♦

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The Big Bang

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UFO KILLS BIRDS, CURSED TREASURE, DIGITAL OUIJA BOARD, AND A PUB GHOST!

BY MORGAN LINEBERRY

DEAD BIRDS = UFOS?

We have all heard of strange animal occurrences, such as frogs or fish raining from the sky, but birds? Yes, birds raining from the sky, because this has happened.



“Recently, a freak incident took place in Draper, Utah, where more than 200 birds fell dead from the sky!” according to ParanormalWarehouse.com. Generally, when birds are above your head, the worst thing you have to worry about is bird poop, not whole birds fall on you. I mean, they have wings for a reason.

Luckily, “Sgt. Chad Carpenter, who is with the Draper City Police Department, claims the incident to be just a freak accident,” the report stated. (I feel better already ... not!)

The report went on to say, “According to some residents and conspiracy theorists, the birds were believed to be struck down in a UFO attack!”

There have been other, similar, accounts of birds falling from the sky like this. In many cases, there was no blunt trauma to indicate they ran into something. My thought is that this must either be a strange atmospheric

disturbance or that they ran into something that would not show physical trauma, such as an injury that might be caused by a cloaking field or some other field surrounding a UFO.

The fact that no other creatures were affected leads me to think there must be something in the sky that the birds did not even know was there.

MISSING PLANE & SUNKEN TREASURE

Perhaps you remember the missing Malaysia Airlines plane that has yet to be found? I will admit I had very nearly forgotten about it. They still have not found it, but something else has been found that is interesting.

A plethora of conspiracy theories have been suggested surrounding the missing Malaysia Airlines flight MH370. I could write a whole column on conspiracy theories alone. “Due to the total lack of answers, MH370 remains a prime target for conspiracy theories,” according to Brett Tingley of MysteriousUniverse.org.

Plenty of people have searched for the downed or



disappeared plane, but to no avail. One such search was conducted by the ship *Seabed Constructor*, which went missing for a few days during the search!

“The *Seabed Constructor* was the subject of conspiracy speculation ... when maritime watchdogs noticed the ship turned off its Automatic Identification System for three days before reappearing outside of its search area,” according to Tingley.

Is this a new Bermuda Triangle area?

“To add to the mystery, Australian news outlets are reporting that a group of nearby shipwrecks could have something to do with the three missing days of the *Seabed Constructor*. The ship was seen to complete a large circle several kilometers wide in the vicinity of the shipwrecks just before turning off its identification system for three days,” the report said.

For all of you shouting alien interference, there’s more: “That same ship also captured images of what appears to be a sunken treasure chest sitting on the seafloor 4000m below the surface, sparking theories that perhaps the *Seabed Constructor* was attempting to retrieve the mysterious chest.”

Now I wonder ... was it an anomaly or a decision? Did the *Seabed Constructor* get greedy and decide no one else should know about the treasure? And the biggest question of all: Could this be a cursed area dooming anyone who gets too close to this mysterious chest?

GYRASCOPE — DIGITAL SPIRIT BOARD

The Ouija board of the future is here, and it is called the Gyroscope. The machine is made by U.S.-based Paranologies Lab, and only five prototypes are currently in existence, according to a report by Higgypop.com.



paranormal investigators and is designed to be used as a digital talking board,” according to the report.

It is like an otherworldly cell phone, and it is hands-

Good luck getting your hands on one ... yet. It is still being tested and perfected, but it shows promise for all of you paranormal investigators and curiosity seekers out there. It is “handmade in the U.S. by experienced

free! But how does it work? “The Gyroscope works in a similar way to the Ouija board but without the need for human contact. [It] has the words “yes” and “no” printed around a photoluminescent wheel in the middle of the device. The wheel moves according to changes in static electric fields around it,” according to Higgypop.

OK, so we are limited to closed-ended questions. I would like a little more before I spend my money on it, but I like the idea. It is especially impressive due to its potential accuracy. “Because the device is triggered by static electricity, it is much less likely to give you false readings than most paranormal gadgets which rely on electromagnetic fields,” the report said.

Unlike other gadgets that can be altered by the Earth’s natural magnetic fields, the Gyroscope requires static electricity, which is an anomaly. The lucky few who have one in their possession need to test it out at the location of my next story.

HAUNTED PUB GHOST CAUGHT ON CAMERA

My first thought upon seeing this video was ... if you have to spend your afterlife somewhere, why not a pub? Clearly, this ghost agrees. A video filmed at Tyler’s Kiln pub, in Canterbury, Kent, has reportedly captured poltergeist activity, according to Express.co.uk.



I have seen a lot of “paranormal” videos, but this is one of the more convincing ones. “In the new video, caught by motion sensors, first a chair in the beer garden is seen moving a significant distance back and forwards,” according to Jon Austin of the *Express*. “Then, inside the pub, a door slams shut, when no one was apparently there, and a smaller saloon door is also seen opening and closing.”

It is enough to make a pub patron nervous, but a few drinks should suffice to solve that problem.

The video is a compilation of paranormal activity taped over two months time, and not based on a single night’s events. This means that the spirit is not extremely active or violent, so despite the article calling it “poltergeist activity,” I label it more of a harmless afterlife patron. So, let’s get our hands on a Gyroscope and have the best pub conversation ever! ♦

Ghost Lights

By Richard Stevenson

A foot above the ground
on the highway up ahead,
high in the sky, or sittin' on a roof

Spherical or s-t-r-e-t-c-h-i-n-g
to a band; sometimes with
a yellowish penumbra –

No apparent source
Impish, seemingly
intelligently controlled –

On/off above a spot
someone or several
someones will soon die.

Little one means
a child will die;
bigger one, an adult.

Ghost lights – seen many times
in full daylight,
late at night. Single or in groups ...

Sometimes by a chosen few –
everyone else oblivious.
Can blink, respond to blinks.

What are they? A bottle-shaped
or human silhouette wick
may just be a mirage.

Owls come to call our names,
turn and glide into the trees
or hang – Sunday-stiff – in a breeze.

Bright to dim to bright ...
In focus or fading
to a soft pink fog ...

Ghost lights kibbitz
with us. Gambol,
amble, or zing into space.

Lead, do an about-face ...
Are they intelligence probes?
Do they leave a trace?

Crop circles maybe –
ET laser etch-a-sketch-
cum-weed-whacker tweets.

Don't cut a stalk!
but bend 'em into
ET pretzel logic sticky notes.

Ghost light fractal formulae?
Cyber cipher diagrams?
Abstract art to update

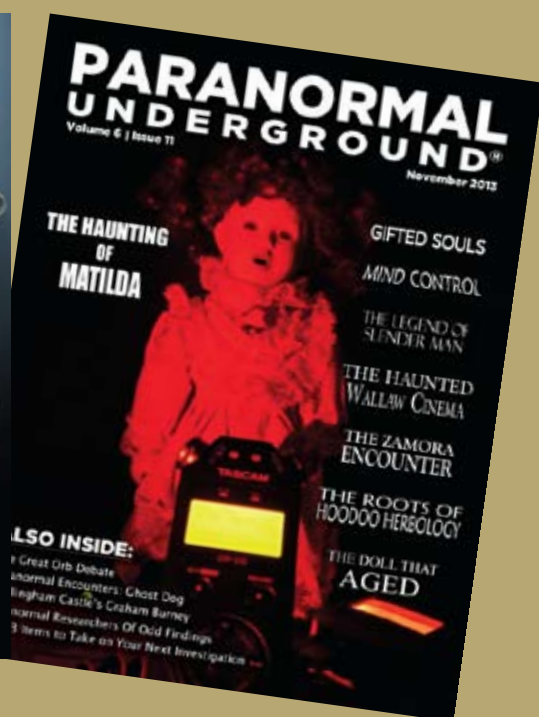
the cave stuff? Show us up?
Say, Hey, passin' through,
Thought I'd upload a gif or two.

A reminder of your appointment
for a cranial implant surgery.
We'll soon launch Homo S III.

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DEAN MCMURRAY

'THE MILITARY MEDIUM'

BY CHERYL KNIGHT

Dean McMurray is a 24-year Army veteran. He's also a psychic, medium, healer, dowser, and ordained minister.

Skeptical of the paranormal for most of his life, Dean first became aware of his abilities to communicate with spirits after an overseas deployment with the Army. That experience changed his life forever.

After retiring from the Army, Dean dedicated his life to honing his psychic abilities, which include receiving visions of people, places, and things of the past, present, and future; receiving psychic senses, including smell, taste, and touch; and taking on the sensations of the physical and emotional states of being. He now conducts readings for clients throughout the world; teaches mediumship classes; and presents at regional symposiums, conferences, and workshops.

Dean recently spoke with *Paranormal Underground* magazine about his journey, including his military background, psychic abilities, and plans for the future.

* * * * *

Q: You spent almost 25 years in the U.S. Army. Why did you choose a military career?

Dean: The military was just a natural direction for me after high school. My brother served in the U.S. Air Force and now serves as an ICE agent, my dad served in the Canadian Air Force, and my mom's Dad served in the U.S. Army.

I think you get the picture. It wasn't forced on me, but I naturally felt the pull to serve.

Q: Tell us about your time in the armed services.

Dean: I initially joined the U.S. Army in fall 1989. I choose the military occupational specialty of infantry and then earned my basic Airborne wings right after basic training at Fort Benning in Georgia.

Operation Just Cause in Panama was ending, and we had some initial naive thoughts that we were graduating and going straight to war. But I did not participate in that operation. Desert Shield and Desert Storm came, and our unit trained National Guard and Reserve Units in desert warfare and dug miles of trenches so they could test the

effects of what some "new bombs" would do on their defense positions.

I eventually got out of the Army after four years and went back to my home town of International Falls, Minnesota. That was back in 1992. I worked odd jobs un-

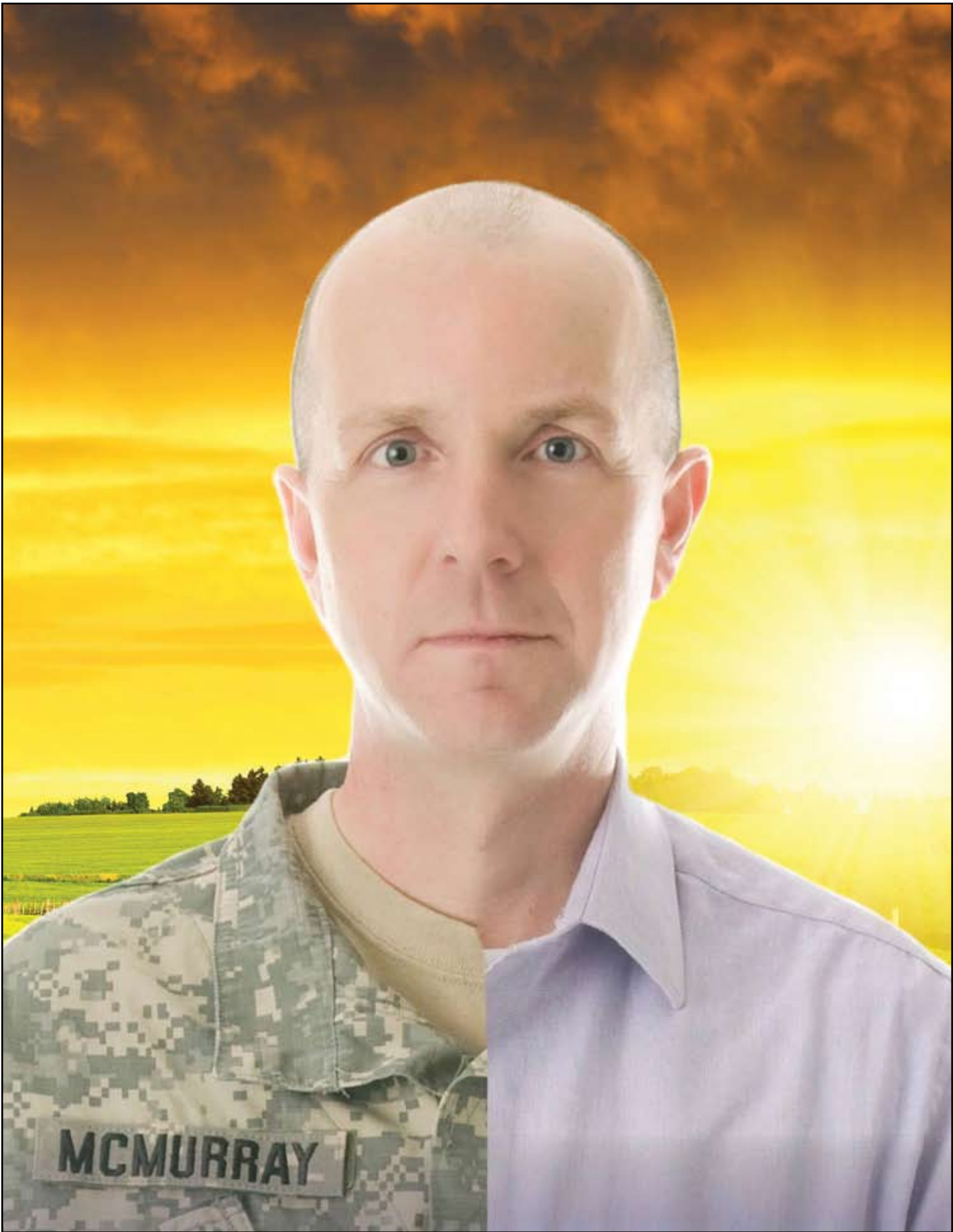
til fall 1993 when I had enough of civilian life and decided to enlist again in the Army. (And, yes, I was still Infantry).

This time the military brought me to the U. S. Army Air Assault School at Fort Campbell in Tennessee. There I earned my Air Assault Wings, and it was my first taste of a "true" Light Infantry unit. Let's just say I went through a few pairs of boots.

Fort Campbell lead to Korea, where I served the United Nations Security Battalion (Scout Platoon). After a year in the DMZ, I was off to Fort Drum in New York. My next assignment was one of my favorites: Fort Richardson in Alaska. I fell in love with that state. I served in an Airborne Infantry Battalion for three years before my last duty assignment to Fort Bragg in North Carolina.

The first day when I started the process for leaving Fort Richardson was on September 11, 2001. I, as well as countless others, gathered around a small TV and







As a clairvoyant, Dean receives visions of people, places, and things of the past, present, and future. His clairsentient gift means he can also receive psychic senses, including smell, taste, and touch. And as an empath, he takes on the sensations of the physical and emotional states of being.

watched those horrific events. It made it quite a challenge to clear base and travel across Canada. Or so I thought. They actually expedited me through, as they found out my next assignment: good old Fort Bragg, home to the 82nd Airborne Division.

When I arrived on base, everyone knew they would all go. It was just a matter of when. I was deployed to Afghanistan from January 17, 2003, to June 20, 2003.

Q: When and how did you first discover you had psychic abilities?

Dean: It wasn't until I returned from Kosovo, when all these "paranormal things" started happening (clocks flying off the wall, etc.). During that time, my grandmother came and visited me (she had died in 1980). If that wasn't enough, she touched me during this visit. It quite literally changed my life forever.

I was told (by a local psychic) that I was a medium, so I started a journey to find out "what being a medium means for Dean." Then I quite literally just started getting messages. I then took a course in mediumship and practiced and learned and crafted my abilities for a year before even considering doing it as a business.

I have been retired now for five years and love it.

Q: What were your initial thoughts when you first discovered your psychic abilities?

Dean: Ha! I was like what the F&\$@k? Why me? Why now? Etc. I wanted answers, and I wanted them NOW. It freaked me out.

Q: How did you deal with this revelation?

Dean: Once I figured out it wasn't going away, I decided to embrace my abilities. Once I got over the freaky part, I was actually quite curious.

Q: What type of psychic abilities do you possess?

Dean: My abilities have evolved over the years; however, I'm clairvoyant, clairsentient, claircognizant, clairgustance, and clairtancy. I also have mediumship abilities, can remote view, and am a dowsing intuitive.

Q: Did you get any pushback from others in the military or from friends or family after you went public with your abilities?

Dean: I did to a degree, but I was very careful who I told in the military. But as I got closer to retirement, I just started telling everyone. Some were supportive and curious; some just walked away. I was not treated any differently.

My mother-in-law was an on-again-off-again supporter of my path. For the most part, I'm blessed that most people in my life were supportive.

Q: What is most important for our readers to know about the work you do as a psychic?

Dean: I take what I do seriously and hold myself (and my students) to a set of ethics. I also lead and connect from the heart. I'm just a normal, small-town kid blessed with a gift.

Q: What do you have planned for the future?

Dean: I've been working on a book, detailing some events from Afghanistan, etc. I also just closed on an agreement with an agent who will help me help more people on a bigger level. I also have local and regional events lined up for the year. The list is always changing.

* * * * *

To find out more about Dean McMurray, visit <http://dean-mcmurray.com/>, <https://www.facebook.com/dean.mcmurray1>, and https://twitter.com/Military_Medium. ♦

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HOW TAROT CAN BOOST YOUR MENTAL HEALTH

BY CASSANDRA STARK

Spirituality has long been connected to mental health, helping humans throughout history find meaning, connection, and answers to their deepest concerns. However, now tarot is being promoted as a great way to enhance mood and find inner calm.

The history of tarot is not completely known, with the concept developing from ancient Middle Eastern practices. To this day, though, tarot is providing huge benefits to those who wish to use it.

Opening Your Mind to New Perspectives

A tarot reading powerfully boosts mental health by letting go of your own preconceptions and submitting to the almighty power of the Universe. Ask a question, and then allow the infinite cosmos to produce an answer. The solutions that arise may surprise you.

Perhaps your focus has been in the wrong place and the Universe will reveal where your concentration should lie. Having an open mind opens you up to new experiences. By changing your perspective, you could see life in a new way and feel at peace with your situation. Alternatively, tarot may cause you to switch to more positive behavioral patterns.

Providing Mental Clarity

Life can be complicated and overwhelming. Tarot offers a chance to spend some time really thinking through your troubles. The cards will provide you with the information you need to better understand your circumstances. This can help you make the changes needed, while letting go of anything holding you back.

Mental clarity improves focus by removing the clutter. This lets you expend brain energy on the right things and let go of anything draining. You can put this focus toward constructive life improvements and slowly become happier in yourself.



Tarot will provide you with the information you need to better understand your circumstances.
(Photo by quicksandala at Morguefile.com)

Tuning Into the Universe

Money certainly won't make you happy, but spiritual and religious practices will. This is because they allow humans to attain that deep sense of meaning that they crave.

Tarot is a way of interacting directly with the Universe by asking it a question and waiting for its reply. Once the Universe has helped you out, you feel awe-inspired and humbled by connecting to its incredible power.

If you have had any serious mental health concerns, then remember to see a doctor. You may have neurological issues that can be addressed with medication. However, for mild episodes of depression, tarot could be a gateway to achieve peace and happiness. By opening your mind, you will experience mental clarity and connection to the Universe. ♦

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These Haunted Homes Will Let You Stay the Night ... If You Dare

By Carissa Chesaneck, Via The-Line-Up.com

Roaming around a haunted house during a walking tour is pretty creepy, but staying overnight inside one of these cursed residences takes the creepy factor to a whole other level.

If you're up for the scare, there are many eerie digs that offer a place to sleep accompanied by serious paranormal activity. From abandoned insane asylums to deserted murder houses, here are seven haunted places you can stay overnight. Just don't expect to get much sleep.

Morse Mill Hotel (Dittmer, Missouri)

An old Missouri farmhouse turned sought-after lodge, the Morse Mill Hotel dates back to 1816, housing well-known names like silent film actress Clara Bow. But it wasn't all famous celebrities (or mobsters) that came to the property. Bertha Gifford, considered by many to be one of the nation's first female serial killers, not only lived here, but worked on the premises. And during that time, she was said to have killed 17 victims with arsenic-infused chocolates.

Today, people have documented hearing unknown footsteps and feeling something touch them — even when nothing is there. Overnight stays aren't available until summer 2018 after current renovations are complete. Learn more by clicking [here](#).



Morse Mill Hotel

Foley House Inn (Savannah, Georgia)

Known as Savannah's premier bed and breakfast, the Foley House Inn was built by Honoria Foley in the 1800s after the previous building went up in flames during the

Great Savannah Fire of 1889. Bones were found inside a wall during construction several years later, leading many to believe that someone was murdered and the killer tried to cover up the crime.

There are also tales of a figure decked out in a top hat walking around the premises and unidentified noises that occur in the evening hours. But the rooms are charming and luxurious — so, there's that. Interested? Click [here](#).



Foley House Inn

Villisca Axe Murder House (Villisca, Iowa)

In June 1912, J.B. Moore and his wife, Sarah, along with their four children and two houseguests, the Stillingers sisters, were found murdered inside this Iowa home. It's called the Villisca Axe Murder House because the killer, who was never found, used a hatchet on each victim.

Those brave enough to step foot into the home today have felt cold spots throughout the property; others claim to have made contact with the ghost children in the upstairs bedrooms.

Overnight stays are from 4:00 p.m.-9:30 a.m., and reservations are required in advance. Visitors who want to stay on the nights of the actual murders



Villisca Axe Murder House

(June 9-10) are entered into a lottery to win access. But remember to bring your sleeping bags, as this isn't your typical 5-star hotel with full accommodations. Find out more by [clicking here](#).

Captain Grant's 1754 (Preston, Connecticut)

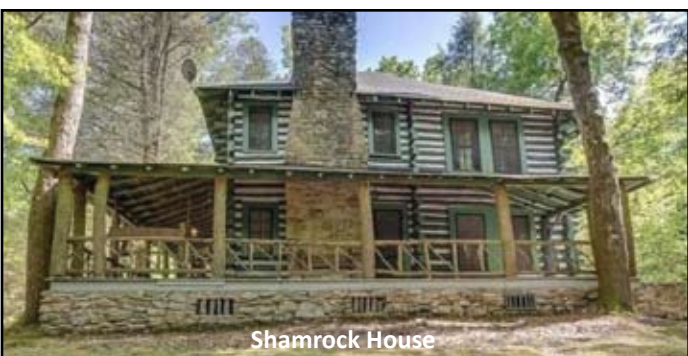
On the outside, Captain Grant's 1754 in Preston, Connecticut, looks like a typical New England nature retreat surrounded by miles of greenery. But its eerie past lingers. The ghost of Captain Grant's wife has been known to lurk at the foot of beds, longing for her husband who was lost at sea.



If a sad spirit doesn't frighten when you're trying to get some shuteye, the Poquetanuck Village's first cemetery is located right across the street. The floating mist of a young girl out there tends to move its way inside the inn from time to time. Set up your reservation [here](#) if you dare.

Shamrock House (Sunset, South Carolina)

Another getaway that is nothing like it seems, the Shamrock House in Rocky Bottom, South Carolina, is an outdoors lover's dream. Only thing is that there's a ghost named Nancy who refuses to leave. Back in the 1920s, Nancy killed herself in a guest room so she wouldn't have



to perform her duties as the "upstairs entertainment." Many who have stayed since claim to hear her crying while the lights flicker on and off and doors slam shut.

If you're not afraid of things that go bump in the night, call to make a reservation [here](#).

Sallie House (Atchison, Kansas)

Originally an office and the residence of a local doctor, this Atchison home became a frightening torture chamber. The Sallie House is named after the young girl



the doctor performed appendix surgery on before her anesthesia kicked in. She died in agony, and now the ghost of the dead child can be found throughout the home. Fires erupt out of nowhere, and physical harm has been done to some men who stayed here.

Work up your nerve for an overnight visit starting with a tour of the house. [Click here](#) for more information.

Lizzie Borden Bed & Breakfast (Fall River, Massachusetts)

Lizzie Borden will be forever linked to the brutal axe murder of her father and stepmother inside their Massachusetts home — even though Lizzie was not convicted of the crime. Now, the infamous Fall River house has been turned into the Lizzie Borden Bed & Breakfast, which allows guests to stay in any of the bedrooms. You can even stay in the John Morse room, where Abbey Borden was found bludgeoned to death.

Some have experienced sheets snatched from their beds while sleeping and objects moving about on their own. And if that's not enough, there are ghost cameras located throughout the residence, capturing shadowy figures in the dark.

See for yourself by [clicking here](#). ♦



5 HORRIFIC URBAN LEGENDS *That Turned Out to Be True*

By DeAnna Janes, Via The-Line-Up.com

We've all experienced the trepidation of saying "Bloody Mary" into a mirror and waiting for something to jump out and scare us. And when nothing happened, we chalked it up to another harmless urban legend.

But what if urban legends were actually true? Keep reading for five not-so-tall tales that have actually occurred — and are reminders that you're not actually as safe as you think ...

1. Organ Trail of Blood

The Legend: Unknowing tourists are drugged, carved up, and robbed of their healthy organs. Upon coming to, they find themselves packed in ice in bathtubs with notes that read: "If you want to live, go to the hospital immediately."

The Truth: In 1997, a chain-letter email hoax went viral. The bulk of the message described the misdeeds of a highly organized gang operating in various U.S. cities that was supposedly drugging business men on work trips, extracting their organs, and then selling them for profit on the organ transplant black market. Though the National Kidney Foundation has proven that story to be nonsense, organ thieving is no joke.

In fact, this ABC News report from 2008 centers on three Indian men who were lured to a hospital outside Delhi with the promise of work opportunities. The men were then held at gunpoint and anesthetized. They awoke to excruciating pain, gigantic scars ... and fewer organs.



2. Hotel Hell

The Legend: A couple checks into a Las Vegas hotel, and they suddenly smell a foul odor. They later discover the body of a rotting dead girl stuffed into the box spring under their mattress.

The Truth: Folklorist Jan Harold Brunvand, a.k.a. Mr. Urban Legend, is credited with first debunking this smelly little tale in his 1994 book, *The Baby Train and Other Lusty Urban Legends*. He deemed the tale more tall than true due to a lack of fact-checkable details.

But this 2010 NBC News report about a missing Tennessee woman found dead, with her body stuffed into the bed frame within a hotel, is certainly true. There's also the story of serial killer Richard Kuklinski, who poisoned a man, strangled him with a lamp cord, then stuffed his body into a mattress in a New Jersey motel.



3. Halloween Hangman

The Legend: A Halloween performer decides the ultimate climactic scare is to pretend to hang himself in front of an audience. The only problem is, he actually hangs himself. The performer dies as on-lookers applaud the authenticity of the act.

The Truth: This legend, depicted all over screens big (*The Gallows*) and small (*Tales from the Crypt*), has many variations. Each version usually involves a male performer, a rope, and the deadly inability to master cheap imitation. The real-life tragedies that inspired this legend involve the



same elements. In 1990, A New Jersey teen named Brian Jewell died performing a hanging stunt at the entry of a hayride attraction. In North Carolina, that same year, 15-year-old William Anthony Odom accidentally hanged himself while staging a gallows scene at a Halloween party.

Then in 2001, Caleb Rebh, a 14-year-old working at a haunted attraction, died after switching places with a noosed skeleton hanging from a tree. The audience, horrifically enough, thought he was acting as he struggled with the rope around his neck.

4. The Man Inside the Walls

The Legend: A family moves into a secluded old fixer-upper, but is disturbed by continuously misplaced objects and strange noises. Later, the town learns that the family has been brutally murdered within their home. The attacker: an intruder who'd been hiding in their walls.



The Truth: The true crime roots of this urban legend can be traced back as far as 1941, when Denver drifter Theodore Coneys snuck into an old acquaintance's home

and set up shop in the attic, emerging only when the homeowner would leave. Then there's [this ABC News story from 2015](#), wherein a man entered a home in New Jersey, crawled under a bed, and remained in hiding for three days. While no one was harmed, the intruder did charge his cell phones using an outlet at the base of the bed – which, in some ways, is creepier.

5. Earwig's Tale

The Legend: Some poor soul awakens from a deep sleep to a terrible headache. Maddened by the pain and scratching sounds he hears from within his head, he goes to the hospital. There, doctors find that bugs have gotten into his head through his ear canal and made dinner out of his brains.



The Truth: In the mid-19th century, explorer John Hanning Speke struggled to get a Nile River beetle out of his ear canal with a penknife. A more recent case involves a British woman named Rochelle Harris. In 2013, after vacationing in Peru, Harris was plagued with headaches, facial pains, and ear discharge. The culprit? Flesh-eating worms that burrowed into her head. ♦

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With Krystle Vermes & Manny Veiga

ALL DAY PARANORMAL

MANNY APPROVED

Corpse Candles & Phantom Funerals

By E. Jones, UnresolvedUK.com

The flickering light of a candle dimly illuminating the winding path over a dark, windswept Welsh hillside may not be the most interesting sight. At least not until you realize that nobody is holding the candle.

Corpse candles, or *Canwyll Corff* as they are known in Welsh, were once a commonly accepted phenomenon in most regions of rural Wales, as well as parts of England, such as Dartmoor. They form part of a much larger folklore that surrounds death and the passing of a life from this world to the next.

Often seen as a forewarning of death, corpse candles would be seen in the bedroom of a seriously ill or dying person. Many stories are told of people seeing a ghostly candle leaving a house before making its way toward the nearest church or graveyard. Invariably, within a day a person living in that house would die. Their funeral procession would then follow the same route as the ghostly premonition.

One elderly lady who lived near Llangynidr claimed to have seen every corpse candle enter the graveyard before every death in the area in her lifetime.

The corpse candle would often take on a different appearance depending on who was fated to die — the smaller the candle, the younger the victim. A red light signaled the death of a man; a white or yellow light the death of a woman. A faint light foretold a child's death. If many candles were seen, it was said to be the foretelling of an epidemic or, in mining communities, a disaster in the colliery.

Corpse Candle Stories

Most of the stories of corpse candles are dated to the 18th and 19th centuries. One infamous tale tells how the passengers on the Carmarthen to Llandeilo coach spotted three lights hovering over the river Towy. A few days



later, in the exact spot, three men were tossed out of their coracle and drowned.

Another story is told of a man who lived in Melin-y-Wig in the south of Clwyd. One night, as he was returning home, the man noticed a light bobbing along the road some way in front of him. At first he thought that it was a lantern belonging to a fellow traveler. However, as he drew closer, the man realized that the light was traveling of its own accord.

Being careful not to get too close, the man started to follow the corpse candle to see whose death it was signaling.

The corpse candle followed the road into the village before turning into the lane that led to the man's home. Alarmed by this, the man ran past the light and into his house, slamming the front door firmly shut behind him. Despite his efforts, the corpse candle was not so easily

deterred. It simply passed through the wooden door. The corpse candle proceeded to hover on the ceiling for a few moments, directly beneath the servant's bedchamber. The following morning the servant was found to have died suddenly during the night.

Over the years, many logical explanations for corpse candles have been proposed. These include lightning, static electricity, and the reflection of the sun. However to a more religious, less scientific society, these lights, like many other things that they were unable to explain, were presumed to have a more supernatural or spiritual origin.

For centuries people have believed that life is represented by light and fire. Often the soul is portrayed as a flame, which lives inside the body. It therefore follows that when the soul leaves the body it should do so as a flame or a candle, lighting the way to the grave for the body to follow soon after.

Since the Dark Ages it has been considered important to have "a good death." Or to put it another way, as peaceful a passing as possible, preferably in your own bed with your loved ones nearby. This, it was believed, would help the transition of the soul from this world to the next.

According to legend, Saint David once requested that his favorite people, the Welsh, be given a warning of an impending death so that they could properly prepare for it. This warning was said to come in various guises, one of which was the corpse candle. Another ominous warning took the form of the phantom funeral.

What Are Phantom Funerals?

Phantom funerals were ghostly processions, which followed the route of the corpse roads. These provided a practical and direct route from a remote village or hamlet to a place of burial. Phantom funerals, like corpse candles, were generally accepted as a forewarning of death.

Those witnessing these ghostly processions often reported hearing the sound of muffled sobbing or the shuffling of mourners' feet.

One such eerie tale is said to have occurred in January 1872. A farm laborer was walking toward one of the farms between Llangattock and Llangynidr on the edge of the Brecon Beacons early one dark, winter's morning.

As the man made his lonely way, he noticed that a funeral procession was winding its way through the narrow country lanes toward him. Respectfully, the man stepped aside to allow the cortege to pass.

As he watched the funeral approach him, the laborer noticed something strange, the pallbearers and mourners seemed to be treading air. More than this, their muffled footsteps were on a level with the hedge.

After the ghostly procession had passed him by, the man hurried toward his destination, keen for some human company.

During the following days, heavy snowfall completely filled the lanes and paths in the area. When a neighbor died, the farm laborer took his place in the funeral party. Slowly, the cortege made their way across the deeply set snow; their feet level with the hedges.

Like many traditions and superstitions, the belief in



corpse candles and phantom funerals began to die out around the time that the United Kingdom's rural communities underwent the traumatic, large-scale upheaval of the Industrial Revolution. Today they are regarded by the majority of people as little more than a ghost story from a fading age.

However, should you find yourself walking alone in the Welsh countryside one dark and lonely night and you happen to see a strange light ahead or hear the shuffling of invisible feet behind you, be aware of what ghostly apparitions may be approaching. ♦

CRYSTAL SAFETY

By Karen Frazier, AuthorKarenFrazier.com

I get pretty excited about crystals, and no wonder. They are beautiful, have great energy, and they're just a little bit addictive. However, as much as I talk about crystals and recommend various gems and minerals, I think it's really important to discuss safety as well.

While I don't want you to panic and think your crystals are going to kill you, it's important you use good safety practices when working with, storing, and handling your rocks. That's because crystals can and do contain toxic substances like lead, antimony, strontium, copper, aluminum, arsenic, and others.

It's one of the reasons you seldom see me talk about crystal elixirs — because I am concerned that without the proper safety measures in place, someone is going to pop a toxic crystal into a glass of water and drink it. So if you do make crystal elixirs, PLEASE look up the safety information for the crystal you are planning on using before you do so.

Some other common sense safety tips for using crystals:

- Always wash your hands after handling any of your crystals.
- If you are crystal shopping and holding lots of crystals, wash your hands before you eat anything (or put anything in your mouth).
- Don't get your crystals wet (or feed them after midnight) unless you know how they hold up to water. Getting certain crystals wet can cause them to leak toxic materials.
- Store crystals well away from children and pets. Some crystals look like candy to kids, and you don't want them to eat them. And some pets will eat anything.
- If you know a crystal is particularly toxic (like chalcantite, which contains copper and sulfur or vanadinite,

which contains vanadium — I have both of them, by the way), you may want to consider wearing gloves to handle it and placing it somewhere that you are more likely to look but not touch.

- If you are particularly sensitive to substances, look up a crystal before buying it to ensure it doesn't contain anything that might be toxic. In fact, when in doubt, look it up. My book *Crystals for Beginners* offers a basic list of potentially toxic crystals, and I'll have a much more comprehensive list in my upcoming book.

- If you work with crystals to shape them, make jewelry, perform lapidary, etc., be sure you use proper safety equipment, including goggles, gloves, and eye protection.

- If you accidentally shatter a crystal by dropping it, be sure you vacuum the area so pets don't sniff or eat the shards.

- Avoid dropping heavy crystals on any body parts, like your foot or your head (ask me how I know).

So, in summary ... don't be afraid of your crystals unless the

super sharp or heavy ones are in the hands of a violent killer who is coming after you and using them as a weapon. However, do use caution when working with them because they may contain toxic substances. Wash your hands, don't eat or drink them, and be smart.

If you have questions about a specific crystal, please feel free to contact me at my Facebook "Author Karen Frazier" page.

Read Karen's energy healing book, *"Higher Vibes Toolbox: Vibrational Healing for an Empowered Life,"* which is available on Amazon. ♦



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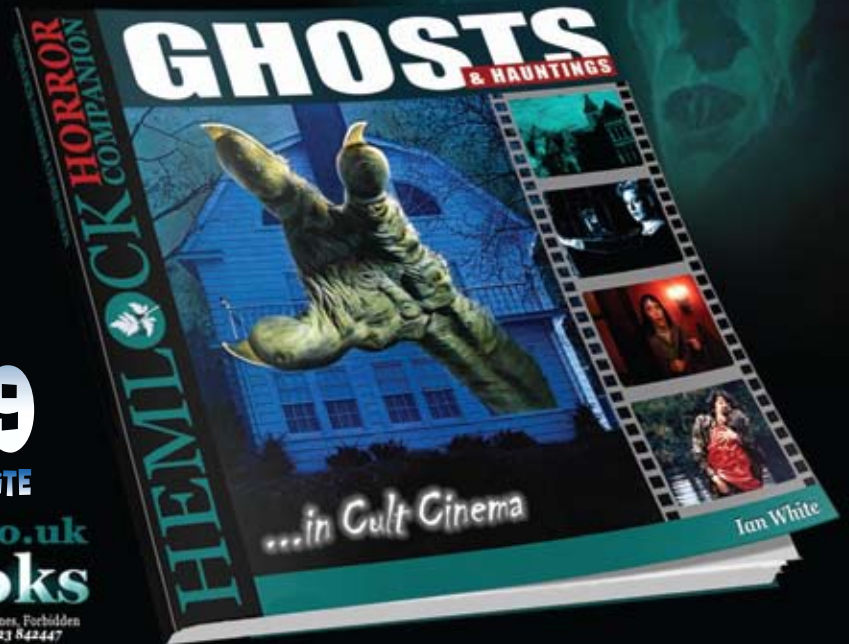
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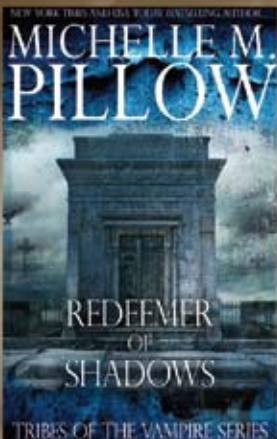


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PARANORMAL UNDERGROUND
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Dream Interpretation: A Peek Under the Skirt of Reality

By Karen Frazier, AuthorKarenFrazier.com

Dream:

Dear Karen,

“The scene was outside; it was very nondescript. I was helping my co-worker pick out a new tattoo from a book of tattoo art. She already had several — one for each of her children and another for her favorite alien. There was no spoken conversation that I recall, but the mood was happy and full of excitement.

Before a decision had been made on the new tattoo, my step-brother picked me up in a Jeep-like vehicle. We didn't seem to drive far, or even through traffic. It's almost like the car stayed put and the scenery changed, minimally. I had the book of tattoo art with me and was still flipping through its pages while in the car, periodically showing some images to my brother and asking his opinion.

When we arrived at my father's house (though I don't remember a physical structure, just more nondescript scenery that felt like “home”), my family members were gathered. It was wintertime, and I laid my favorite images from the book of tattoo art on the snow-covered ground. I remember being surprised about how knowledgeable and conversational my step brother was, and I was happy he'd matured to the point we could be good friends and have intelligent conversation.

Generally speaking, the dream felt like it took place on a theater stage, as in a play, because of the nondescript scenery and the sense of traveling in the car without really going anywhere.”

—Kristen

Dear Kristen:

Thanks for writing. This is really interesting — the sense you took from the dream being on a stage or in a play. That's the dream's setting and overall theme, and your sense that it is a play seems to suggest the dream is giving you a peek under the skirt of this illusion we call our lives into the ultimate reality that lies beyond our everyday perceived existence. So that's pretty darn cool when you think about it; the dream is telling you about ultimate reality, and



you had a sense of happiness and positivity.

Let's take a look at the symbols from your dream.

- Being outdoors represents freedom — possibilities.
- Tattoos represent self-expression and individuality.
- Your friend represents some aspect of yourself that

she reminds you of about you, and the tattoos representing her children are telling you to nurture this aspect. I believe the alien tattoo can be taken literally — nurturing this aspect of yourself feels alien to you, but you are happy and excited about it.

• Your step-brother is also an aspect of yourself – some part of yourself that your step-brother represents. He's driving, suggesting you feel this aspect of yourself is the one in the driver's seat ... the one in control. You're seeking approval from this part about your expression of individuality.

• Father is another aspect of self; it's an archetypal energy suggesting authority and protection. That the house had no specific features but felt like "home" suggests you have arrived at a place where your basic needs are met for safety and security. You feel safe and protected in this new exploration of self that you are embarking on.

• Snow is an expression of inhibitions and unresolved feelings. That you have placed the book of tattoos on it suggests you are placing these new expressions of self and individuality over previous inhibitions you have, most related to this new sense of safety and security you are experiencing.



• Your surprise at your step-brother suggests you really like this new aspect of yourself – that you have a new knowledge and maturity that feels right related to the aspect of yourself your step-brother reminds you of.

So putting it all together: The dream is all about you. You are in a period of growth and maturity where you feel secure enough to cast aside previous inhibitions. You are flowering into something surprising that you love, and it is giving you a sense of joy and freedom in your self-expression. You are connecting more to your higher self and who you truly are to bring this about.

Thanks for letting me interpret your dream!

–Karen

Read Karen's dream interpretation book, "Dark of Night in the Light of Day: The Art of Interpreting Your Dreams," which is available on Amazon. ♦

WILLIE WINDWALKER GIBSON

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SPIRIT ATTACHMENTS

By Willie Windwalker Gibson

I have been in the supernatural world now for 52 years. I was young boy of 10 years old when I started having real paranormal visitations, both spiritual and cosmic. I got used to the idea that I was able to see and hear spirits and be visited by aliens. My father knew of the spirits that I had to deal with, and he helped me a lot with them.

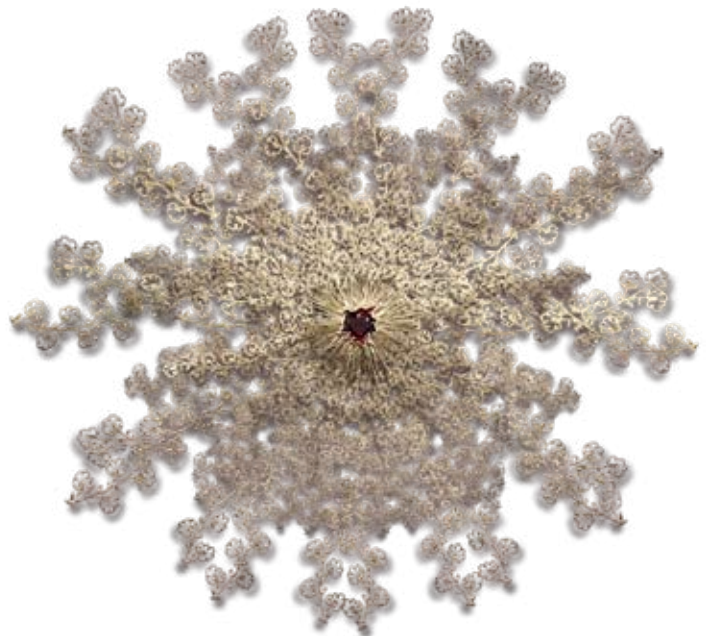
However, I never told him or my mother about the aliens, even though my dad was a big science fiction fan. He loved *The Day the Earth Stood Still* – the 1951 version. He liked the old-style horror flicks with Vincent Price and all the old actors. Overall, my upbringing was good, except getting bullied for being Native American. But, I always had my “friends” who only I could see and talk to.

There were, however, spirits who I did not invite to be around me. These spirits would follow me where ever I went. Sometimes they would just show up. Other times when I went to places, spirits would see me and follow me home. I would tell them to stop following me, but they just kept coming along with me.

It would take me asking my Native American warrior spirits to make them go away. My Indian guards were very powerful, and the other spirits were not any match for them once they came to my rescue. I have had to use my warriors many times because of these spirits attaching themselves to me. I wondered for years why they would do this, but after years of training I found out that these spirits liked my energy. In fact, at times they would drain me of my energy, and I would have to lay down for days to recharge my auric field.

I found that spirits don't only attach themselves to humans; they can also attach to objects, including furniture, jewelry, clothes, and even pets.

One story comes to mind about an attachment case



I had. In the mid-90s, I had a lady come to me for a reading. When she arrived at my home and walked into my living room, I sensed a strange energy about her. I scanned the woman from head to toe, and my eye spied a brooch she was wearing. It was gold and had a black stone in the middle of it.

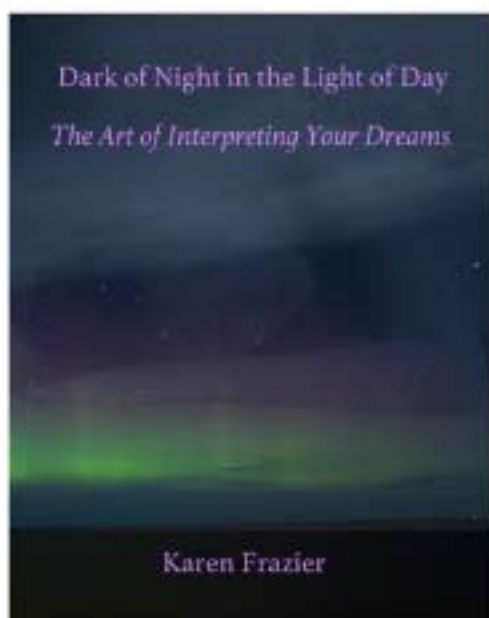
I took the woman into my reading room and asked her to sit down. I asked her if there was anything special she wanted me to find out. The woman told me that her health had not be well lately, and she wanted to find out why. Right away I sensed that the problem was the brooch she had on. I could also sense that there was a spirit present and that the spirit had something to do with the brooch.



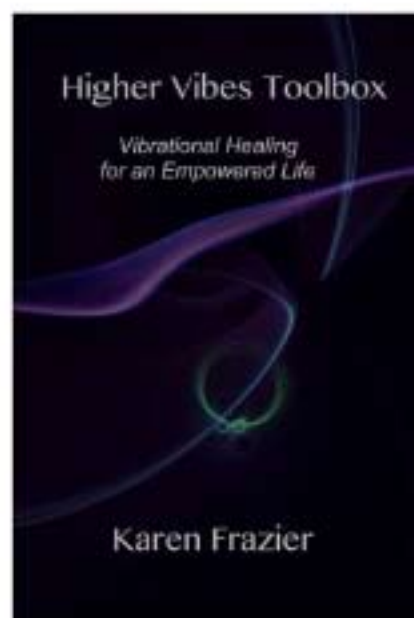
New from *Paranormal Underground* columnist

Karen Frazier

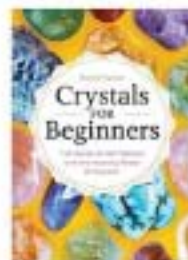
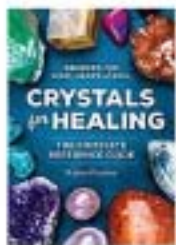
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Also by Karen



AuthorKarenFrazier.com

I scanned the woman further. I could see a dark outline around her. This told me she had an attachment that had entered her body and was draining her. I asked the woman had she been anywhere unusual lately. She responded that she had just gotten back from her late-aunt's house. The woman went on to say that the family was dividing up her estate, and she went to pick up her part of the estate.

I asked her what kind of woman her aunt was. She replied that her aunt was mean and stingy and hated her.

I asked the woman if her health started to get bad after she got back in town. The woman looked at me, thought a minute, and said, "You know what, yes. I started feeling bad after I got back."

I asked her about the brooch she was wearing. The woman told me that her aunt had, in fact, left it for her. She went on to say that the brooch was her aunt's favorite piece of jewelry and that she wore it all the time.

I told the woman that the brooch had a bad energy and her aunt's spirit was most likely attached to it — that was what was making her feel bad. The woman immediately took off the brooch and asked if there was anything I could do to clean the energy off. I told her that I would have to place the brooch on sanctified grounds.


I told the woman to leave the brooch with me and that I would take care of it and send her aunt on. She thanked me and left the brooch with me.

I washed my hands with holy water and placed the brooch in a medicine pouch with sage and salt. I could feel the attachment around the pouch, so I knew the aunt was with me. I took the pouch, got in my car, and drove to a nearby graveyard.

I then took the pouch and a car tool from my trunk and dug a hole with the car tool about a foot deep. I placed the brooch in the hole and put some sage in the hole with it. I buried the brooch and said this prayer: "I release all energy from this brooch," and then I asked that the energy go forth into the heavens. Right away I felt a peace come over me. The aunt's energy was gone. Burying the brooch cut the attachment and sent the aunt on to be with God or whoever.

A few days later, the woman called me and asked about the brooch. I told her what I did. She was pleased and told me she was feeling a lot better. I told her to be very careful from now on when acquiring old things. I told her if she did bring an object home, to sage the piece and say the prayer I said in the graveyard. She said she would and hung up.

When you're somewhere like an antique store — or even a regular store — or in an old house or on old land, be careful what you do. If you bring anything home, cleanse it with sage salt water or holy water to ensure you are protected from any potential spirit attachments that may have come along with the object. ♦



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Psychics: Are Readings Worth Your Hard-Earned Cash?

BY KRISTLE VERMES, GETSPOOKED.NET

As of 2015, there were approximately 145,000 people in the U.S. who had chosen to retain a psychic to consult for at least a year, according to the American Federation of Certified Psychics and Mediums Inc. This means that out of those who received psychic readings, there were some who were so impressed with their experience that they chose to keep coming back for guidance and insight.

But what makes a psychic reliable and honest? And what exactly can you go to one for in your daily life? Are they just people who predict the future, or can they go above and beyond these expectations?

Seeing the Future

April came across a psychic while in Nashville, Tennessee. Using tarot cards, the psychic was able to give her insight into a romantic relationship.

“At the time I was in a bad relationship with a guy but was sort of crushing on one of my brother’s friends,” she said. “I was constantly going back and forth with my current boyfriend on what I should do and if I should stay with him, leave him, etc. I was young and confused.”

The psychic proceeded to recognize the two different men in the situation and said that one of them would end up putting a ring on April’s finger. “A year later: The boyfriend moved away to another state, and I started dating my current husband (the friend),” April said.

How did the psychic know how April’s situation would pan out? In this instance, it seemed as if the individual truly had a gift and future sight.

Tapping Into Animals

Psychics are not just limited to people — many of them claim to have the ability to reach out to animals. Regina once spoke to psychic Beverly Koeppel in an attempt to understand why her dog, Ozzie, had a strange phobia of her kitchen.



“Beverly said I had two unfriendly spirits hanging around me, and Ozzie was trying to warn me and make them leave,” Regina said. “They were trying to find a place in the kitchen to settle in, and if he hadn’t been there, they might have stayed. I laughed when Beverly named the kitchen, which I hadn’t mentioned!”

Can psychics really tap into the feelings and thoughts of animals? If they have the ability to do so with people, why would they be restricted when it comes to our pets?

Finding a Reputable Psychic

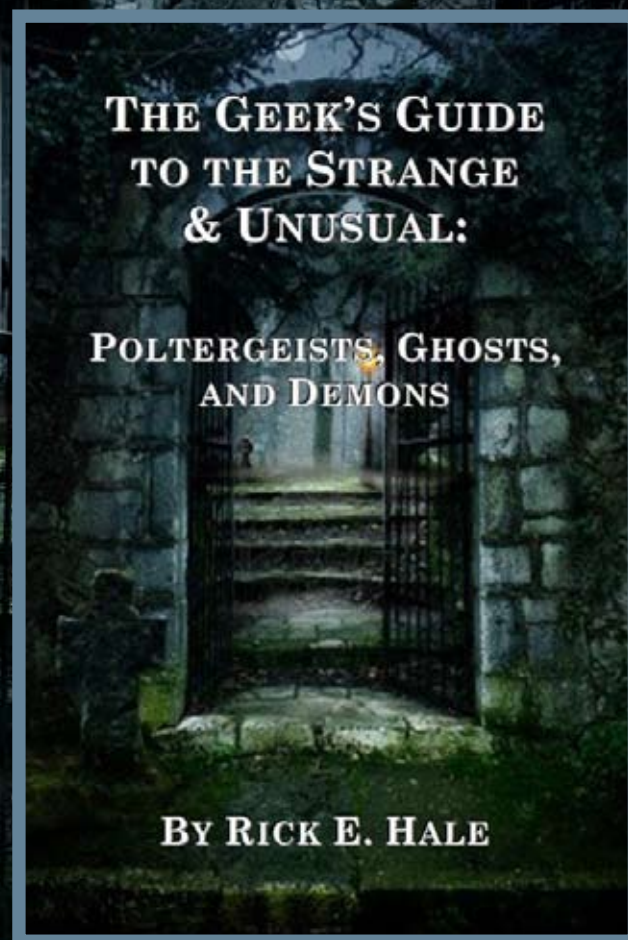
Not everyone believes in psychics, but for those who have a certain curiosity, there are a few things to keep in mind when choosing one to sit down with for a reading.

“The key is to find someone who is honestly gifted,” said Michelle Risley, a self-proclaimed psychic. “I recommend it to anyone who is open-minded enough and needs either some kind of guidance about a life issue or maybe, like me, had someone pass to the other side unexpectedly and had questions to ask.”

And as for those non-believers? As they say, don’t knock it until you try it. ♦

The Geek's Guide to the Strange & Unusual: Poltergeists, Ghosts, and Demons

Rick E. Hale's book about unexplainable paranormal phenomena explores many of the world's most intriguing paranormal cases and haunted locations, including the Demon Drummer of Tedworth, Lucedio Abbey, the Dagg poltergeist, and three cases of possession, among many others.



Book Now Available Online at
[Amazon.com](https://www.amazon.com)

What Is Exorcism?

By Jock Brocas, ExtremeMedium.com

There are experts in every corner of the world, and everyone claims they know the inner secrets more than another of a particular subject matter. Of course, this leads to debate and further confusion. Yet, the truth is that there are always three sides to a story: your side, their side, and the truth.

In the search for truth, we are often led along dark caverns and tunnels in the search for the light at the end, and oftentimes, we can be led the wrong way. Nevertheless, truth is truth; it is merely the perception of the truth that is misaligned by man.

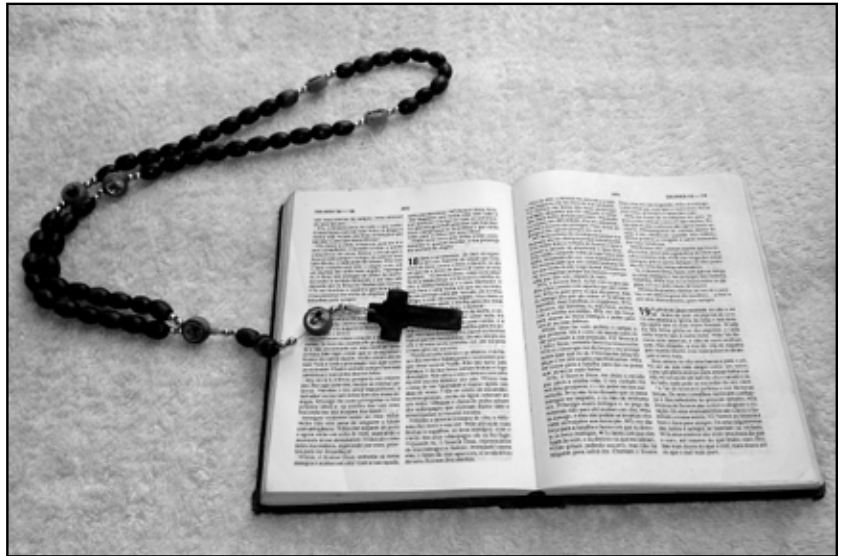
If we are looking to put labels on things, which we often do, I would say that I am a demonologist in the sense that my experiences and study have led me down that path, and it's not something I chose to do. An expert, no! A researcher, yes! And perhaps all labels mean nothing in the end, but more and more cases in this field land on my doorstep.

There is one label, however, that is often misunderstood: exorcism — and the reality of the work of exorcism and those cases that have confounded even the most hardened skeptics and scientists of the day.

Has Hollywood Caused The Rise in Exorcisms?

We can thank Hollywood for embellishing exorcisms and perhaps portraying it as something that it is not. And with this, comes a great deal of misperception. Exorcism is as old as time and has many labels in many faiths and in many spiritual practices. But why has the Catholic Church cornered the market when it comes to the study of demonology and the employment of the Rite of Exorcism?

In the words of a colleague of mine, it boils down to a simple thing: “Jock, they got the film.” As I always maintain, for every fable, tale, or folklore, there is a kernel of truth. However, the Catholic Church put more research and study into demonology and the need for exorcism than any other organization. Coupled with the power of the media and the cases they have been involved in, it has made them the go-to experts when anything requiring an



exorcism is needed. And like all faiths and belief systems, there are boundaries that you do not cross — exorcism being no exception.

Woo-Woo Sticks Don't Work

The growth in the interest in exorcism and demonology has exploded, partly because of the media and partly because there aren't standards set for paranormal

research — groups have exploded all over, and many have no real foundation in the field apart from a passing interest. This exacerbates a problem when someone thinks they have a paranormal issue and the immediate answer is “demon” and “let’s do an exorcism.”

Exorcism is not running around with “woo-woo sticks,” as I like to call them. What I mean by this is running around with incense and smudge sticks or crystals. It is not going into meditation and visualizing white light, and it is certainly not going into a situation with a can-do attitude.

More people claim to carry out exorcisms today than ever before, and the reality is that they are not. Let’s face it, one visit and one woo-woo stick ritual is not going to do it if you have a serious problem. You have to remember that dark entities or even the demonic nonhuman entities are more intelligent than you, and they will just retreat and return stronger, which is why the most dangerous form of possession is re-possession, and that is alluded to within the text of the *Bible*.

Do I think that only the Catholic Church has supreme power over this? No, of course not, but it does have much more experience and knowledge on these situations, which is why many other faiths have been known to call upon the Catholic Church to deal with real diabolical or potentially diabolical situations.

What most people think are exorcisms are merely New Age rituals that have no power. In fact, the reality that someone is dealing with something truly demonic is quite remote. I have lost count of the number of times I have listened to people claim to have battled demonic entities when the reality is their story was just as embellished as a Hollywood film.

Dealing with a demonic entity, no matter how strong an individual is, will leave you scarred for life and praying that you will never have to deal with it again. And it’s not something you want to talk about afterward.

Facing the Reality of Possession

Imagine being in the presence of someone who speaks in foreign languages they don’t know, who contorts their body in hideous ways, and knows everything about you, not to mention the person may be showing signs of serious paranormal occurrences, such as levitation and a hatred or disdain for anything remotely of the light and religious. In these cases, you have a serious problem, and woo-woo sticks won’t work.

You may even be subjected to mental torture yourself because of your involvement. It takes a different kind of individual to deal with these issues, and knowing the names of demons does not make you an exorcist either; and it really has no bearing. The individual who is chosen for this job has a different spiritual vibration and can hold divine vibration whilst in the battle for the soul of the afflicted.

The Science of it All

There is a very fine line between mental illness and possession or even obsession. It takes a professional in the medical and alternative medical professions to be able to discount the possibility of some form of psychosis or



mental imbalance. When all avenues have been closed and there is no other explanation for any of the phenomena, then one has to look at the possibility that an agency outside of the normal, everyday material world is at work and this agency has a malevolent intent.

It is then, and only then, that spiritual intervention becomes that catalyst for deliverance and freedom of the infestation of non-human beings, and that is no easy task.

The reality is that obsession is more prevalent than possession, and more often than not, obsessing spirits can manifest in many personalities within the host. What most people refer to as demoniacal possession are actually obsession or some form of psychosis.

A great deal of obsessive states can be attributed to much phenomena that is misdiagnosed as a demonic entity. True demoniacal possessions have a unique pattern and go beyond an obsessing spirit. In his book *30 Years Among The Dead*, Dr. Carl Wickland examined the many cases of obsession, and rarely, if ever, encountered anything inhuman.



An Infamous Possession Case

In a now infamous 1920's case, an American woman named Anna Ecklund went through a demonic possession that reportedly lasted for decades — and the medical community had to discount medical or mental diagnosis before the Church would get involved. The phenomena that was witnessed and by those outside of the Church was so terrifying that it became the result of a Hollywood movie known as *The Exorcist*, based on author William Blatty's book of the same name.

Blatty used the phenomena of this case, blended with the reality and story of the Roland Doe case, in his book. Most people think that the latter case was more in line with the truth, but the reality is very different. Nevertheless, the case of Anna was in fact the first and more terrifying case of real possession in the U.S. and still is to this date. In fact, the report that was written on the case was actually banned by the Catholic Church because of the reality of its content. Young trainee priests were not allowed to study the pamphlet of the case for fear of the knowledge and gruesomeness contained within it.

The Modus Operandi of the Possession

There is a great deal of conjecture surrounding Anna's case, and many claim the vehicle for possession in this case was in fact the aunt, who was known as a witch and having an affair with Anna's father. The true reason for the possession was given in a discourse between the

demons and the questioning exorcist Father Theophilus Riesinger.

The reality, therefore, is the will of the father in the throes of a heinous act caused the possessing of the young woman. This may throw up more questions about protection of the innocent and why a young girl should be possessed when she was entirely innocent. Perhaps, we will never know the real reasons behind these confusing cases in our time, but what can be revealed is the ways that possession can take place:

- By the will of the creator for a divine purpose
- Dabbling in the occult and its rites
- By the will of the individual under rite and oath
- Creating a relationship unknowingly
- Family blood lines
- Direct attack from the demonic to someone of the light

I am sure that many readers and professionals, especially from a dogmatic persuasion, could add more to this list. However, I am convinced in the aforementioned from my own study and experience, and, therefore, I omit what does not fit. It is, of course, your choice to accept or reject my hypothesis to form your own.

So the agency of the possession in Anna's case was actually through the father and not, as many think, the aunt, who was an alleged witch. The father's lifestyle was highly questionable, and that would have made him a potential, what a like to call, "piggyback host."

What you must take into consideration is that demonic possession is not always achieved in the same way. And it can take an inordinate amount of time — years to manifest. As I previously mentioned, perhaps the most dangerous aspect of possession is repossession, as it is said they will come back in legion and be more difficult to deal with. This is noted in scripture: Matthew 12:22-29:

When an unclean spirit goes out of a man, he goes through dry places, seeking rest, and finds none. Then he says, 'I will return to my house from which I came.' And when he comes, he finds it empty, swept, and put in order. Then he goes and takes with him seven other spirits more wicked than himself, and they enter and dwell there; and the last state of that man is worse than the first. So shall it also be with this wicked generation.

Whether or not you believe in demon possession or indeed exorcism, there are a great deal of cases that defy medical and scientific reasoning, and the next logical explanation is to label the event as something paranormal. The common denominator is this: Anyone who suffers from these events experiences a great deal of trauma, and

what gives them relief is, of course, the act of exorcism done properly, with the right intention and divine authority. It may even take more than one exorcism as you will find out next.

1928: 23-Day Exorcism

It took 23 days of exorcism to rid Anna of the many demons that had housed themselves within her. This, apparently, was the only case in history that was witnessed at the time by many eyewitnesses (who were of no substance within the Church at the time) who can validate the accounts as being real and true to their depiction as written by Father Carl Vogl in *Begone Satan!*:

“As soon as the priests invoked the names of the trinity, the woman flew up off the bed” and her body, carried through the air, landed high above the door of the room and clung to the wall with a tenacious grip.”

During the exorcisms, she spoke in many languages of which she didn't previously know, and she vomited and excreted foul substances even though she had not eaten anything. She showed tremendous inhuman strength, and the demons showed prophecy – even

attacking the priests and nuns and foretelling of terrible events. Father Riesinger is said to have aged over these events.

So, it takes many exorcisms to deal with true possession, and one is almost never enough. Even in the infamous case of Anneliese Michel, who underwent her first exorcism on September 24, 1975, she had to go under many exorcisms. And over a 10-month battle, she finally lost her life. There is question over whether the exorcisms damaged her or if she dies from the possessions breaking down her physical body.

Exorcisms are not something to take lightly; they aren't a New Age fad.

Conclusion

Exorcisms, though prevalent in most beliefs and practiced, are not something to take lightly, they should not be a new fad for New Age folks who charge for clearings and exorcisms. The rite in any culture is only used when the reality of set criteria has been met and if the medical community can find no formal explanation for the phenomena.

An exorcism is a major spiritual battle. It should not be attempted to feed the EGO of the professed paranormalist. No one should desire the need for an exorcist or an exorcism. ♦

Maria Anna van Driel author of;
'The NWO, their thoughts...your life' *It's time to wake up, we are the illusion*
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Was There More Before the Big Bang?

By Maria Anna van Driel, NextTruth.com

Once upon a time ... a little spot, smaller than the dot at the end of a sentence, was hovering through the Universe. This charged particle could have sparked the production of every other particle it encountered, not to mention every galaxy, solar system, planet, and ... our species.

That tiny spot exploded in a place being pitch black. It exploded into an almost inaudible illuminating flash of everything!

In these divine moments, life was not bigger than an electrical spark of light ... a weak light having the prospect of becoming the most discussed and fought for part of life. Rapidly, it started to find its way to mature in this dark emptiness that would soon be filled with a chaotic order of strange particles, each struggling for the right to exist.

*This little electrical spark accelerated with the speed of $\lambda * \nu$, better known as the speed of light. It accelerated faster and faster through wormholes, black holes, universes, cosmoses ... everything exploded!*

Sooner or later, it is coming right back to where we are struggling to explain the "Theory of Everything," and it is going to implode on itself where it will vanish forever ... what a weird story this is.

Walking up to the globe of the European Organization for Nuclear Research (CERN) in July 2017 set in motion a crazy quest for me in understanding the origin of evolution and thus the Universe. So, exploding with tense curiosity, I recently went back!

Now, whether you would expect it or not, it is an impracticable task not to enter a bipartite dimension in this overwhelming and spellbinding place known as CERN; it is a place that awakens the deepest depths of your soul. It's a strange, tenuous dimension in where space, time,



and existence itself has the capability to let your inner genius roam free as your brain desperately scans the area for the latest innovative technologies science has to offer.

This almost-sinister-feeling dimension can let your imagination roll inside the biggest and most complex machine ever created by man as you walk inside of it and talk to brilliant and ambitious minds.

Their theories contain, as they are to some, out-of-the-box considerations that have not that much to do with spirituality or religion but more to do with science that points to a possibility that life itself may not be an understandable miracle after all, but a logical sequence, where the urge of an organism or species to survive the whims of nature is the guiding principle.

Although this “matter” has not been found yet, our galaxy alone is so replete with Earth-like planets that, mathematically speaking, one of them must hold life, even if it is just the microbial variety spawn from electroweak and/or inflationary epoch.

Electroweak epoch: the period in the evolution of the early Universe when the temperature of the Universe was high enough to merge electromagnetism and the weak interaction into a single electroweak interaction. (Source: Wikipedia)

Inflationary epoch: the period in the evolution of the early Universe when, according to inflation theory, the Universe underwent an extremely rapid exponential expansion. (Source: Wikipedia)

* * * * *

Let us rewind the clock shall we?

Like all big events in our world, they start small, almost like a microscopic idea of nature itself. Remember what the *Big Bang* theory says? The Universe began as the size of a grain of sand that was unimaginably hot, unfathomably dense, and packed tight with matter and energy.

But up until now, even as scientists probe the origin of the Universe, the position of the birth of this expanding place has not been found ... yet.

The reason for this could lie in a plausible fact that the rapid expansion of matter that created our universe is a result of many previous Big Bangs, making the Cosmic Microwave Background Radiation of the original Big Bang untraceable.

CERN scientists have something to tell you: Intelligent lifeforms may be another matter.

Many of you will have a strong urge to imagine while reading the words *Big Bang* that it had to be an enormous and ear-deafening explosion. But the plausibility of this event not starting off as an explosion at all, but in a tranquil and soundless merging of two black holes, whereby the original “seed” had already undergone many transformations, is being seriously discussed by some scientists.

Take a dandelion for instance; it grows, and as it transforms into a fluffy state, the wind will blow its seeds away. What is left of the first and original flower dies ... it is gone forever! But many different dandelions start growing at several different places containing the same



I recently visited CERN to explore the science behind our existence.

code of the original flower, but due to external elements (soil, temperature, light), it will be slightly different in its appearance.

So why not with the Big Bang? Meaning ... is the Big Bang we know as the beginning of our universe really the first one of its kind? Or is it a result of previous ones that planted seeds, even if we can't see them anymore?

Now, what if we change these dandelion seeds into electrons (e-) and positrons (e+), whereby every electron, as well its antiparticle the positron, in a young universe were all the same exact particles carrying the same code.

There is an idea that suggests all of the Universe's electrons are actually one particle. The theory apparently was first put forth in 1940 by theoretical physicist John Wheeler. It is a simple, elegant idea leading to a very interesting hypothesis of this particle forever traveling backwards and forwards in time, possessing a plausible key in solving some of physics biggest mysteries concerning the Universe.

The points at which it switches from one to the other we perceive as an electron/positron pair (e-/e+) that either mutually annihilate or spontaneously come into existence. This became known as the “one-electron universe postulate” and has an incredibly nice consequence: It explains why all e-/e+ pairs in the Universe have the same physical



properties ... there is just one of them! A single e^-/e^+ pair ... but what about before that?

Did these particles spawn from MeV photons emitted from a black hole accretion flow and materializing as e^-/e^+ pairs in the black hole magnetosphere as they collided with each other? Or should we take a closer look at the Centrifugal Force, whereby a strange light ($a2+$), produced by an even stranger nuclear fission in a black hole, can be considered as photonic light (γ) that is being pressed against the borders of the inner shell of a black hole?

And can we see this photonic light transform into and start acting as an e^-/e^+ pair just on the outer shell of a black hole, whereas the neutrino (ν) is absorbing the pre-Big Bang information and exchanging this galactic code with other particles?

Well, it still remains a puzzle to many scientists, as well as many physicists who say there is no “before that.” Time began ticking, they insist, at the instant of the Big Bang, and pondering anything earlier is not in the realm of science.

***Is there a Mother Universe?
And could we be hidden
behind a black hole's event
horizon?***

But is that a true fact? Did the universal clock really start at this well-known explosion? Or was our time already in motion by means of the merging of two (or more) black holes containing a much older binary code? Will we ever truly understand what the pre-Big Bang reality was like, or what it was formed of, or why it exploded to create our universe?

Well, until science finds undeniable proof whether the clock started ticking after or before the accepted theory of the Big Bang, the plausibility that we might be the product of another,

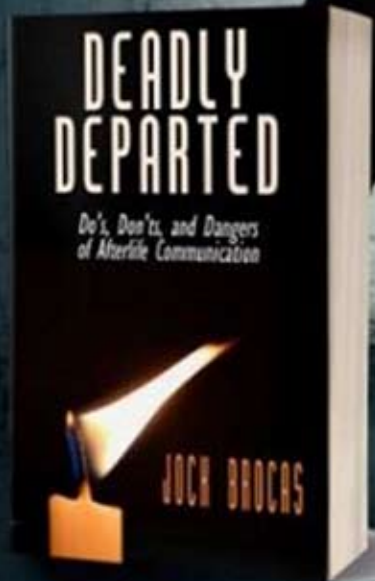
older universe, call it our mother universe, could be as real as the food on your dinner plate.

The search for the seeds this mother universe could have forged inside a black hole may have had its big bounce 13.8 billion years ago, and even though our universe has been rapidly expanding ever since, we could still be hidden behind a black hole's event horizon.

However, such notions are yet beyond human understanding. ♦

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A First Encounter With the Paranormal

By Jasmin James

My name is Jasmin James, and I'm a journalism student at the University of Lincoln in the U.K.). A couple of months ago, I took part in a paranormal investigation that pretty much changed my life. The story I am about to tell you is an account of what happened to me, with my own observations and opinions.

Paul Drake, the founder of a paranormal investigation group called (Paranormal-Lincs), which is based in Lincolnshire, invited me to come along to investigate a house they thought was haunted.

I'd been told that it wasn't going to be too scary and that I wouldn't have to take part in anything that made me uncomfortable. Paul's honesty when talking about spirits and people who fake paranormal experiences for money or fame reassured me, so I was ready to give it a shot.

When Betty, my friend who asked to come along with me, and I arrived for the investigation, the group was standing in a semicircle around a bed in a room. It was on the upper floor and mostly bare. There was a boxing bag on the left of the bed and a TV to its right. Some storage boxes and an old radiator stood in the corner. From the window, you could just about see the outline of a nearby church.

At first, Christine, one of Paranormal-Lincs' mediums, asked a few people from the team to lie down on the bed. She asked them what they felt when facing either the left or right side of the bed and if there was a difference, as well as if they were able to sit up again. Mostly, everyone said they could feel some kind of pressure on their chest that made it difficult to breathe and that they didn't want to stand up because they felt too comfortable.

It seemed like a routine thing, and no one seemed particularly afraid. Actually, everyone seemed to be enjoy-



ing themselves quite a bit, laughing and joking together. There wasn't anything unusual happening, so when Christine said she could see a little girl stroking someone's face, I wasn't too bothered.

That changed when Betty decided to join in as well. In the beginning, I was just amused by what I thought was a joke she was playing on all of us, comparing the pressure on her chest while lying down on the bed to a bra that was too tight. But when she was asked by Christine to stand in a corner of the room, I got scared. Betty was swaying backwards and forwards as if she was being pushed by something we couldn't see. She said it felt like she couldn't control it either.

Later, when most of the group went downstairs to a room opposite the one we were in to continue the investigation, I stayed behind to talk to Christine. I felt like I



could make sense of what I had just seen later and should just try and get as much information as possible to be able to put it all into some kind of rational context.

Christine sees herself as a “normal” medium whose job it is to help people in need. She told me she woke up one day in 1991 being able to hear voices in her head, and she has been able to see and hear more than an average person ever since. She told me that earlier that night before entering the house, she heard her spirit guide say, “Bless you, my child.” Her guides help her understand what’s going on during investigations.

I learned from Christine that you can hold a clearing ceremony to ask a spirit to leave, but you can’t force a spirit to leave, because, just like us, a spirit has their will. And there is no way to stop it from interacting with us if it wants to.

Paul Henderson, another medium on the team who was trained by Christine, told me the same thing. He did say, however, that there are ways to protect oneself before an investigation. Paul showed me some of the crystals he carried with him and talked about how the group had found the Lord’s Prayer quite effective when

he had gone into a trance and wasn’t able to break out of it.

At this point, we were all called to go downstairs.

In the living room, the team had set up an Ouija board and a glass. The air seemed dense. I couldn’t breathe. Looking around, everyone seemed to anticipate what was going to happen next. I wanted to leave, but how

could I join a paranormal investigation and not participate in the séance? It would be like drinking the milk without the cream.

From the start, Paul was able to discover that a

woman was there with us that evening. He also found out that she had lived during Oliver Cromwell’s reign. But that was it. Strangely, he couldn’t get more. The longer he spoke, the more agitated he seemed.

This is what I caught on audio from him, word by word:

“Did you like him as your leader?”

“Did he persecute people like you?”

“Would you class yourself as a witch?”

“Did you practice magic in this house?”

“Did you bury something in this house?”

“Did you bury a baby in this house?”

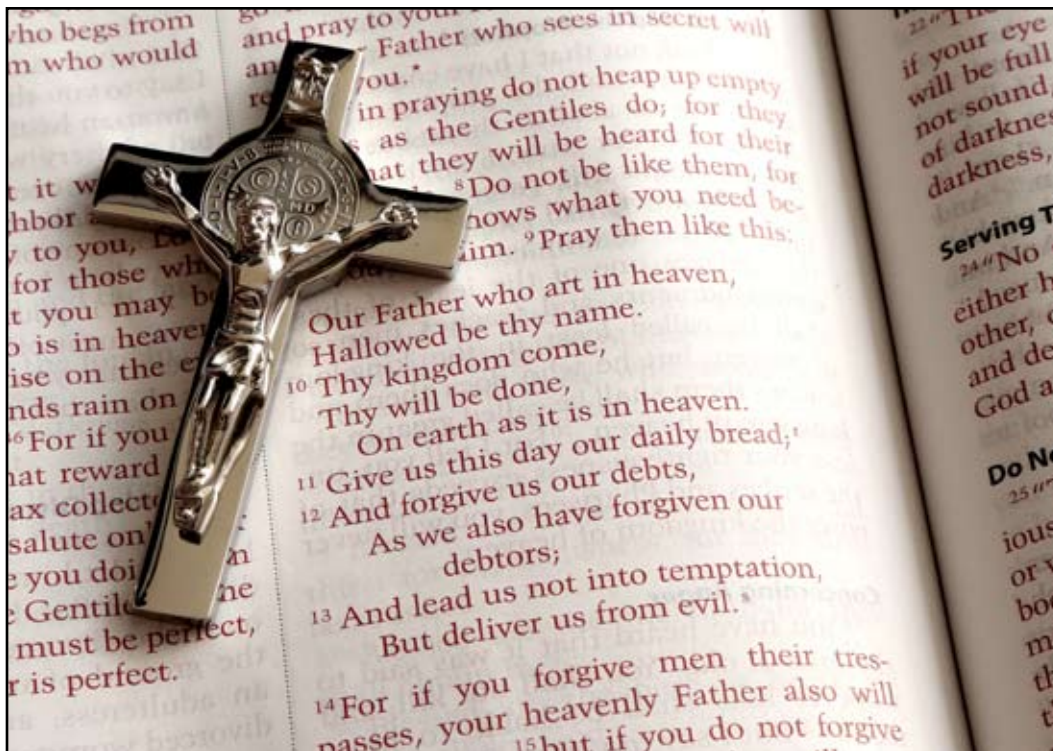
“Was it your baby?”

I learned from Christine that you could hold a clearing ceremony to ask a spirit to leave, but you can't force a spirit to leave.



It went on like that for a bit, Paul's voice getting steadily louder as he got no answers. I don't know why, but the more he spoke, the more I felt like I couldn't breathe. My right side hurt, and I kept feeling cold gusts of wind where I was sitting. I couldn't shake this "heavy" feeling, no matter what I did. Somehow, I just couldn't look at the Ouija board either.

It felt too real, everything that was going on. So, I just started to pray. I don't know how or when, but at some point I could hear a quiet muttering sound near me. The group had turned around by then, trying to make out where the noise was coming from. It took quite a while for me to realize that I was the source. By the time I did, I was midway through the Lord's Prayer.



I think it was then that Paul began to wonder if the spirit had already left. He asked the team to direct their own questions to it directly. I think he was hoping it might respond to someone else. It didn't work. Tense silence. I felt like Paul didn't know why the spirit wasn't responding. I know I was uncomfortable when he started asking whoever/whatever was in the room with us whether they were "devout believers."

At this point, I thought that my heart had literally stopped: "Is there a cross in this room that's keeping them out? What I can see in my mind is that there is somebody here with a *Bible* and a crucifix."

If Paul hadn't said this, I might never have been sure. But, now, I knew ... it was me. I'd stuffed my bag with a

Bible and a cross, Rosaries, little statues of Mother Mary and the Archangel Michael, and a small bottle of Holy Water. I'd brought it all. I didn't know what was going to happen; I wasn't expecting too much — still, I'd brought these things along because, as a Catholic, I was raised to believe in certain things.

Any doubt I had as to what was blocking the board was erased when Betty told me afterwards she had heard Paul mutter that the *Bible* stopping the spirits from communicating with the team was not even written in English. You see, I'm sure I was the only one with a German *Bible* that day.

While it was all going on, all of this just seemed like a blur to me. At the time, the fact that I was praying and that the board was somehow blocked didn't seem to connect in my mind at all. I was just focused on trying to get through the evening.

In the end, we found out that there were two children there with us who had lived in the house previously and died in a fire. Christine, having finished a session consulting spirits upstairs, brought the séance to an end with a deliverance prayer.

It was only then that I began to feel safe again.

Afterwards, we all just talked about what we heard and what we felt. In the room upstairs, opposite the one we had been in, Christine said there had been some soldiers, either from

1846 or 1646. She mentioned a priest named Father Brian and, strangely, someone called Keith. This was strange because Betty later told me that Keith was also the name of her dead father.

The man who owned the house said he had seen a girl wearing a Victorian nightgown come at him in that same corner of the room where I had seen Betty swaying backwards and forwards.

To be honest, I didn't see anything like that. But that doesn't mean I don't believe there is more to it than I saw. Betty went back to the Church after all this happened, and I don't think I'll ever doubt my faith again. Why? That's something you will have to discover yourself. ♦

Q&A With Paul Henderson — Spiritual Medium

By Jasmin James

I recently spoke with Paul Henderson, Paranormal-Lincs team member and spiritual medium, about his abilities and work in the paranormal field.

Q: How did you become a medium?

Paul: Christine [of Paranormal-Lincs] trained me in an early development circle in Lincoln. Paul Drake [founder of Paranormal-Lincs] was there in the early beginning stages. ... We crossed paths again ... and by that time I was fully developed as a medium. ... I have been in the team [since 2012].

As far as I am concerned, everyone, without question, has some kind of ability. That's why it's called a sixth sense. The sixth sense lies dormant, but in some people, the sixth sense is strong by birth. Other people have an interest in developing it. It's a bit like art. If you have an interest in art and you want to be good at it, you want to sit in an art class and the art teacher will take you through various things. You find out what works for you, whether you can paint in oils, pastels, or watercolors. Whatever it is, you find out what works for you and you develop it. And it's the same with being a medium.

In the first few weeks in Christine's group, she would have us try a lot of different things. I started out being clairvoyant, but that has changed to clairsentient.

Q: What kind of experiences have you had investigating with the team?

Paul: We have picked up some sinister stuff, as well as some Black Magic stuff, Satanic stuff. ... If it's been a particularly heavy night, we will take it upon ourselves to ring each other and say, "How are you feeling?" ... Doing this stuff is not risk free. It's a hobby, but if you don't do the protections, it can affect you — for the mentally unstable, it's not a good thing to do.

Q: What's the difference between a ghost and a spirit?

Paul: The *Stone Tape* theory is where the elements of bricks have natural bits of metal inside of them that act like a primitive recorder or video recorder, and when the atmosphere is right and the energies are right it will replay

that same situation back. That is why you see a ghost. Ghosts don't interact or communicate with anybody but just go on their pathway. It's a 3D replaying.

A ghost is a video recorder played back and superimposed on a place, a spirit is an intelligent consciousness that is actively communicating in an arguably malevolent or benevolent way. That's the difference.

Three summers ago, we were in The Rutland Arms Hotel in Newark, in the old cellar. And before we got our

investigation going upstairs, we could hear a fight going on in the pub, like WWII was starting. There was swearing, women screaming. ... And it wasn't until we had finished in the cellar that we went upstairs. We were expecting the police upstairs, windows broken, and just general chaos. Absolute nothing. Stone-cold quiet. The barman was cleaning glasses. We explained what we heard, and he said, "What you are talking about did happen, but 24 hours ago this time last night." It was like the building

recorded it and played it back to us 24 hours later.

Q: Are there ways to stop a spirit from interacting with you?

Paul: If a spirit wants to connect with you and you are perceptive enough, they would come. But you can ask for protection. Your own spirit can help you if it feels malevolent. ... If people feel threatened ... we use a thing called smudging, which is burning of sage, and I will use that for protection of myself and to cleanse a place.

I would say there would be different things in different cultures for protection. ... We kind of mix and match. We use sage, put salt around the room, and say the Lord's Prayer, and these things are effective. I carry crystals — have them in a big bowl, what I'm drawn to on a particular day. Lapis lazuli is linked to the Archangel Michael. I call him, visualize him, and feel a sense of more calm. And I call upon my own guides as well.

Some mediums ... will only work with what they call good energies, but to me that is unrealistic. It's the whole Yin and Yang, Day and Night, positive and negative thing. You have to experience both to get a full perspective on everything. ... Most of the spirits we encounter are just people like you and me who have had love, life, laughter, tragedy — that essence of who they were as an individual still survives in the spirit world. ♦



Paul Henderson

'The Kyriakis Redemption: Book 3'

By Eve Vaughn

Q&A by Michelle M. Pillow, MichellePillow.com

New York Times and USA Today bestselling paranormal author Eve Vaughn has enjoyed creating characters and stories since an early age. As a child, she was always getting into mischief, and when she lost television privileges (which was often), writing became her outlet.

When she is not writing, she spends time with her family, reading, baking, traveling, or kicking butt in 80's trivia. Her latest release, *The Kyriakis Redemption: Book 3* in the Kyriakis Series, is now available for sale.

* * * * *

Q: In your book *The Kyriakis Legacy*, you explore shifters. What inspired you to write about this?

Eve: I started this series as an off-shoot to the vampire series I was doing. I've always enjoyed world building, and in my vampire world, there were other immortal creatures, such as shifters and warlocks. I got such a positive response for the shifters in my vampire story that I created a series for them as well.

Q: When world building, did you base your story off of known myths throughout history?

Eve: When I was world building my paranormal world, I relied on some of the old lore, like vampires drinking blood. But in my world, my paranormal creatures are basically human but immortals with powers unique to their species.

Q: What myths or legends inspired you?

Eve: I've always been fascinated by ghost stories and different hauntings and particularly people who practice witchcraft and wizardry. One of the most fascinating legends is the story of Marie Laveau, a legendary Voodoo

priestess in New Orleans. She ruled New Orleans and apparently lived a very long time. People would go to her for blessings, and she would grant their wishes.

Even to this day, people visit her grave and leave offerings on her grave. When that wish is granted, they return to her tomb and leave three X's. It's said her ghost has been spotted whispering curses to those who disrespect her grave. I was fortunate to visit her grave but didn't see her ghost.

Q: Why do you think readers are fascinated by the paranormal?

Eve: I think people are fascinated with paranormal things because we want to believe there's something more out there than just ourselves. It's also a form of escapism to imagine fantastical things in an otherwise mundane world. It allows us to forget about some of the woes surrounding us.

Q: What are your favorite paranormal shows, movies, and books?

Eve: My favorite paranormal shows are *The Walking Dead*, *Supernatural*, *Z Nation*, and any kind of zombie



Eve Vaughn

movie. And one of my absolute favorite movies is *The Lost Boys*.

Q: Do you believe in the supernatural?

Eve: I believe that anything is possible. But I'm kind of scared to find out if there are paranormal creatures, because I don't think the creatures would be as sexy as the ones in my books.

Q: What kind of paranormal creatures do you wish you could meet?

Eve: I'd like to meet a genie so they can grant me three wishes, but the *I Dream of Jeannie*-type genie, not the djinn-type genie who doesn't grant wishes the way you want them to.

Q: How would you react if you came face to face with a ghost?

Eve: Piss my pants.

Q: What does the future hold for The Kyriakis series?

Eve: Currently, I'm on book three, and I plan on writing one more book for the series. But that probably won't be the last people will see of the Kyriakis family, because there's a lot of crossover with my Warlock series, as there has been with the vampire series.

Q: How feasible is a zombie apocalypse?

Eve: While I enjoy a zombie apocalypse film and television show, I don't believe it's feasible, at least not the way it's portrayed on television.

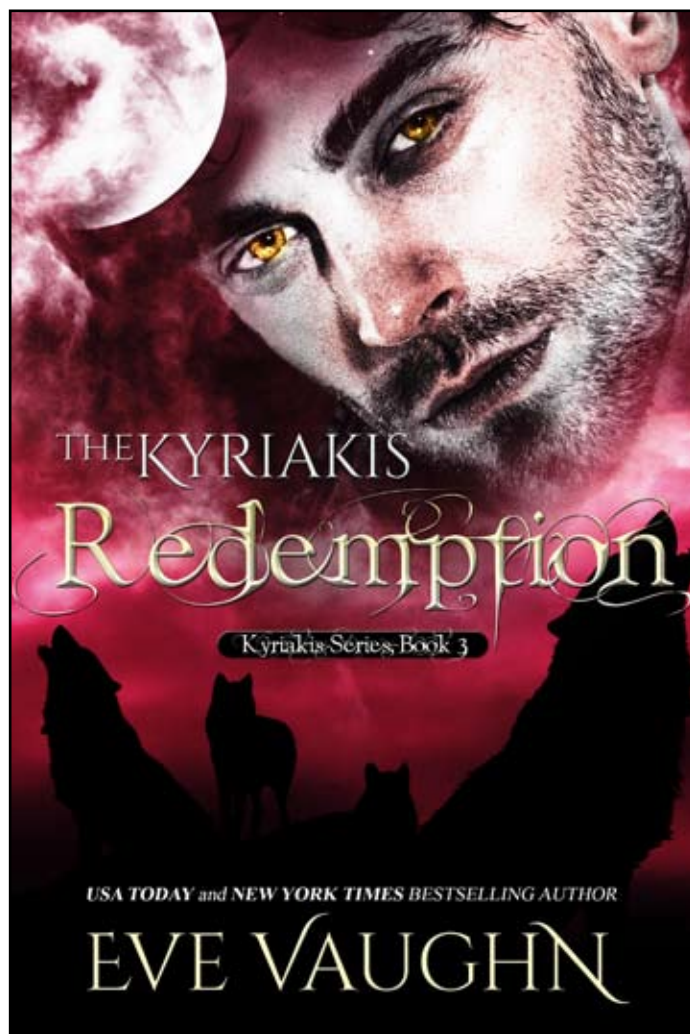
The body starts to decay right away, and most of the dead wouldn't be able to move let alone chase anyone because their joints would have deteriorated too much to hold them up.

However, if the zombies were more like the *28 Days Later* version of zombies, where the people are technically still alive, then that is possible and scary.

Q: Would you rather face being abducted by menacing aliens or the face imminent threat of zombies?

Eve: I would take my chances with the zombies, because menacing aliens probably have technology beyond our comprehension and it would be harder to escape them.

With zombies, I'd hide out in a bunker with enough supplies to last me until they deteriorate.



“Aries Kyriakis, Beta of his pack, will do whatever it takes to keep the people he cares about safe. But he’s harboring a secret that has held him hostage for years. Feeling unworthy of happiness, he shuns love at every corner until he meets the one whom he can’t deny.”

Q: If you could be anywhere while writing, where would you be and why?

Eve: I would like to be writing on a tropical island, with clear water, white sand, fresh seafood to eat in between breaks, and soft island music playing in the background.

Q: When writing a new paranormal world, what details do you think are most important?

Eve: I think the most important rule in writing paranormal is that you set the rules and the only limit is your imagination.

* * * * *

To learn more about Eve and her books, visit <http://www.evevaughn.com/>. ♦

“DO YOU BELIEVE IN DEMONS?”

A Ghost Hunter Answers

By Rick E. Hale, TheGeeksGuide.weebly.com

When my first book, *The Geek’s Guide to the Strange & Unusual: Poltergeists, Ghosts, and Demons*, was released, I shared it with family, friends, and colleagues on social media. Among all the nice comments and encouragement, one comment really stood out from among the rest: “I thought you didn’t believe in demons.”

My reply was quick and to the point: “I don’t believe every unpleasant spirit is a demon.” For those who know me, this response is adequate. However, for others, I’d like to go into further detail with my explanation.

My beliefs concerning this controversial subject is not one I came by lightly. Plenty of research and study went toward my conclusion concerning the Prince of Darkness and his infernal henchmen. My course of study encompasses both the spiritual and the historical. And it’s with the historical I came about my ultimate conclusion.

Our concept of Satan and demons can be found in the Western Judeo-Christian religious traditions. According to the biblical point of view, demons were angels that joined Lucifer’s military coup against God. Lucifer, God’s most beautiful creation, did not appreciate God creating mankind. He was jealous because he feared God would show preferential treatment to this new creation and completely forget about him.

According to the prophet Isaiah, “Lucifer, was cast from Heaven to Earth like lightning.” Although our concept of demons comes from the *Bible*, the way we perceive them comes from a much different source.

The history of Western civilization is one filled with conquerors, endless wars, and bloodshed. Less advanced cultures were easily overwhelmed by armies that possessed terrifying weapons of war. And no army in the



ancient world was more terrifying than the unstoppable legions of Rome.

For centuries, the mighty Roman Empire rolled over the known world, kicking as much ass as possible. While it may be true that Rome was an Empire of diversity, allowing its many citizens to worship whatever deity they wanted, there was one belief system that really got under their skin, Christianity. The Romans despised the idea that a cosmic deity could one day bring their beloved world rule to an end. Because of this, Christianity was ruthlessly persecuted. But soon that would all change.

In the early years of this new faith, Emperor Constan-



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tine I converted to the new and troublesome faith on the battlefields of Britannia. Constantine used this once-hated faith to consolidate his power across Europe and turned the Roman Empire into the Holy Roman Empire. Some of you may be thinking, where do demons fit into all this? Well, I'm getting to that.

When the Holy Roman Empire arrived in Celtic lands, they were met by a fierce people with an almost fanatical fascination of land and the gods, goddesses, and spirits associated with that land. The Romans learned the hard way that the Celts were not playing around.

As time marched on, the Celts eventually converted to the Christian faith and abandoned the old ways. Their complex cosmology of deities became demons, and the underground kingdom of the Fae, called Annwn, was turned into Hell. Any consorting with these spirits of the old ways was considered consorting with the Devil and witchcraft. And with this offense came swift justice, either excommunication or execution.

Up to this point, Satan was considered to be a fallen angel that lost his glory but not his beauty. Satan was not the grotesque being that we know today. That image is based on two ancient gods. Cernunnos was the Celtic god of the hunt and the consort of Crone goddess, the prototype of our concept of a witch. Cernunnos, was a huge, beastly being with red skin and two large horns

protruding from his head that symbolized power and virility. Sound familiar?

Our concept of Satan is further based on Pan, a cloven-hoofed trickster god of Roman mythology. Christianity borrowed heavily from other Pagan beliefs, but these were the two inspirations.

Over the past decade, a belief in demons has grown by leaps and bounds. I think that a lot of this can be directly attributed to the paranormal TV shows that seem to jump too quickly to the demon conclusion. Because of these shows, I was more or less forced to delve into a study of demons and where these stories originated. This study helped formulate my skepticism concerning these cosmic boogeymen.

For me, and my own personal beliefs, calling any unpleasant spirit a demon is not only irresponsible, but lazy. Human spirits are just as capable of mean-spirited antics and being degenerates. But the question remains, do I believe in demons?

As a paranormal investigator with many years invested in my craft, I feel we just don't know enough about the spirit realm to make a definitive decision. I have never dealt with a demon, but that's not to say inhuman entities don't exist. Saying that would be the height of hubris. So, with all things being equal and at the end of the day, I just don't know. ♦

Winter Balefire

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